Doctor's Notes

phn WESTERN NSW
An Australian Government Initiative

Clinical Communique

Issue 15 - 26 April 2017

Free online training in youth mental health

headspace together with RACGP have developed an online training program in youth mental health to assist GPs with the evidence based care of young people with mental health issues.

The training is case based and summarises current treatment guidelines and evidence. It includes example consultations as well as interviews with GPs, psychiatrists and young people.

The training is supported by a clinical toolkit which summarises current evidence and collates a range of resources to assist GPs in their work with young people.

Find out more >>

Sydney Cancer Genetics bulk bills local Telehealth services

The cost of genetic testing has become considerably cheaper as technology has improved. As a guide, high quality Australian laboratories now charge under $500 for a BRCA1 and BRCA2 mutation search. There is even an MBS item number for patients with certain kinds of ovarian cancer.

At Sydney Cancer Genetics all patients are seen by an experienced, skilled consultant - every time. Genetic testing is organised if required, via local pathology services and the results are given in person via Telehealth. You and your patient receive a detailed letter (with a brief summary at the top) outlining the family history, what was discussed at the consult, and risk management strategies for the patient and their family.

Sydney Cancer Genetics has been providing telehealth consults throughout rural and regional Australia since 2013. Telehealth is a local service seeing patients where they live or at their GP practice. Patients are seen within 3 weeks, there is minimal travel time and our service is bulk billed.

Looking after your patient's genetic health has never been cheaper, easier or faster.

Download more information about the Telehealth service.

Find out more >>

My Health Record

Pathology results to be uploaded to My Health Record

NSW Health Pathology has begun uploading pathology results to the My Health Record through its HealtheNet program.

The Western NSW Local Health District (LHD) and Far West NSW LHD will begin uploads of pathology results in May. This will include pathology test results ordered through NSW Health facilities and any private requests performed by **Pathology West**.

The results will be visible to the My Health Record system seven days following the date of upload. This enables the requesting clinicians time to discuss results with their patients before they become available to the patient through their My Health Record.

Further details will be released soon regarding the 'go live' date for **Western Pathology**.

Western NSW General Practice Immunisation Refresher Sessions

GPs, GP Registrars and Medical Students, this is your final chance to register for the upcoming Western NSW General Practice Immunisation Refresher sessions.

Registration closes today and places are limited.

Dubbo: Wednesday 3 May, 6.15pm to 8.30pm.
Click here to register

Orange: Thursday 4 May, 6.15pm to 8.30pm.
Click here to register

FREE Psychological Toolkit

Black Dog Institute

The Black Dog Institute has created a psychological toolkit for practical assessment and management tools for your patients.

The toolkit comprises of a collection of practical resources to assist in the management of mental illness in your clinical work.

Access the toolkit >>

Short-Term Restorative Care Programme

myagedcare

The Short-Term Restorative Care (STRC) Programme is an early intervention programme which aims to reverse and/or slow 'functional decline' in older people and improve wellbeing through the delivery of a time-limited intensive, goal-oriented, multidisciplinary and coordinated range of services designed for, and approved by the care recipient.

Certain conditions must be met for people to receive STRC services, including an assessment. The role of GPs is to support delivery of the services through consultation, diagnosis and advice.

To refer a patient on to My Aged Care, GPs can call the My Aged Care contact centre on 1800 200 422 or use the online health professional referral form.

Click here to download the STRC factsheet.

Find out more >>

Rural Innovations Changing Healthcare Forum

The Rural Innovations Changing Healthcare (RICH) Forum was held in March 2017. The forum aims to showcase innovative rural models of care which have potential for broader implementation, to share lessons learned, and increase collaboration across rural health sectors in NSW.

View the 10 innovative project presentations.

WNSW PHN Orange Office is on the move

From Thursday 27 April 2017, the new address for our Orange Office will be:
Suites 5 & 6, Second Floor, Centrepoint Arcade, 224 - 236 Summer Street, Orange.

Our phone and fax numbers will remain unchanged
P: 1300 699 167
F: 1300 699 168

Practitioner Changes and New Contact Details

Dubbo Medical and Allied Health Group are pleased to announce a new visiting specialist

Dr. Ruhaida Daud - Neurologist/Physician

To make an appointment, please contact Dubbo Medical and Allied Health Group on (02) 6815 9900.

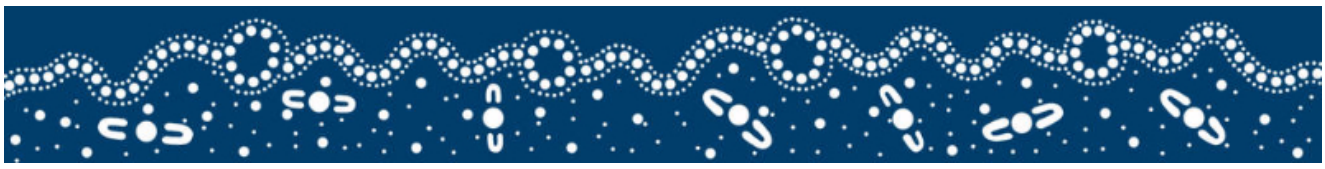
Training and Events

WNSW PHN organises regular CPD events for doctors and health professionals. These are listed on our website. Upcoming events organised or supported by WNSW PHN include:

- Working with Complex Trauma & Mental Health - 3 May, Dubbo
- Primary Care CPD Event - Type 2 Diabetes Management - 3 May, Broken Hill
- Western NSW General Practice Immunisation Refresher - 3 May, Dubbo
- Western NSW General Practice Immunisation Refresher - 4 May, Orange
- State of the Art APNA National Conference - 4-6 May, Hobart
- Medico Masterclass: Paediatric Sleep Problems & Constipation - 11 May, Mudgee
- Research Capability Development Education Day - 16 May, Orange
- Research Capability Development Education Day - 17 May, Dubbo
- General Practice Conference & Exhibition (GPCE) - 19-21 May, Sydney
- Graduate Certificate in Advising on Chronic Disease Self Mgt - **CANCELLED**
- GP Synergy Fusion Workshop - 21-23 June, Sydney

Full events calendar >>

The WNSW PHN's Aboriginal motif was created by Wiradjuri artist Lewis Burns.
It's a story of living off the land. A strong flowing river provides fresh, clean water for those living beside it in camps. At campfires, people cook from the earth, with abundant natural foods they've hunted and gathered. As a community, people respect the earth and their country, united in a healthy lifestyle.



Contact Western NSW PHN
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www.wnswphn.org.au

While the Australian Government helped fund this document, it has not reviewed the content and is not responsible for any injury, loss or damage however arising from the use of or reliance on the information provide herein.

We acknowledge that we work on the traditional lands of many Aboriginal clans, tribes and nations. We commit to working in collaboration with our region's Aboriginal communities and peoples to improve their health, emotional and social wellbeing in the spirit of partnership.

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