

### Dubbo Integrated Care Diabetes Project

The **Dubbo Integrated Care Diabetes Project** 'Whole of Locality' is working to reduce the impact of Diabetes in Dubbo. The project involves working collaboratively with all key diabetes stakeholders including General Practice, NGO's, private allied health providers, pharmacists and public health services to deliver more effective and coordinated diabetes services for both the diagnosed and undiagnosed patient cohorts. This project has been jointly funded by Western NSW LHD and Western NSW PHN from March 2016 to June 2017.

The Dubbo Integrated Care Diabetes Project's overarching aim is to enhance access to best practice models of care through a cross-sector and inter-professional approach to achieve improvements in health systems and patient-related outcomes for type 2 diabetes mellitus.

[Find out more >>](#)

### Implementation of Meningococcal W Vaccine in School-Based Program

NSW will be implementing a meningococcal school-based vaccination program targeting Year 11 and 12 students in secondary schools from Term 2 (1 May 2017). This is in response to the emergence of meningococcal W as a significant cause of invasive meningococcal disease in Australia in 2016.

Evidence suggests that this strain of the disease is more severe than other types.

For more information, refer to the [NSW Health update details](#) or [website](#).

[Find out more >>](#)



Health

### AUSTRALIAN COMMISSION ON SAFETY AND QUALITY IN HEALTH CARE

### Safety & Quality - Shared Decision Making

The Australian Commission on Safety & Quality in Health Care (the Commission) contributes to better health outcomes and experiences for patients, consumers and communities across Australia through the development of standards, guidelines, indicators and resources relating to health care safety and quality matters.

The Commission is developing a program of work of shared decision making as a part of its commitment to supporting patient-centred care and to complement our work on reducing unwarranted health care variation and ensuring appropriateness of care. It involves clinicians and patients making decisions about the patient's management together.

The Commission has released its first three patient decision aids on antibiotic use for sore throat, acute bronchitis, and middle ear infection in children. These have been designed for use in general practice. An infographic for consumers on patient decision aids has also been developed.

The resources are available to download from the Commission's website: <https://www.safetyandquality.gov.au/our-work/shared-decision-making/>

[Find out more >>](#)



has coeliac disease



4 out of 5 remain undiagnosed



First step to diagnosis is a simple blood test

## consider coeliac disease

Coeliac Awareness Week - 13-20 March 2017

Primary sponsor:



1300 458 836

www.coeliac.org.au



### ACRRM New & Amended Clinical Guidelines for Mobile Devices

The January 2017 update of ACRRM's Clinical Guidelines for Mobile Devices is ready for download.

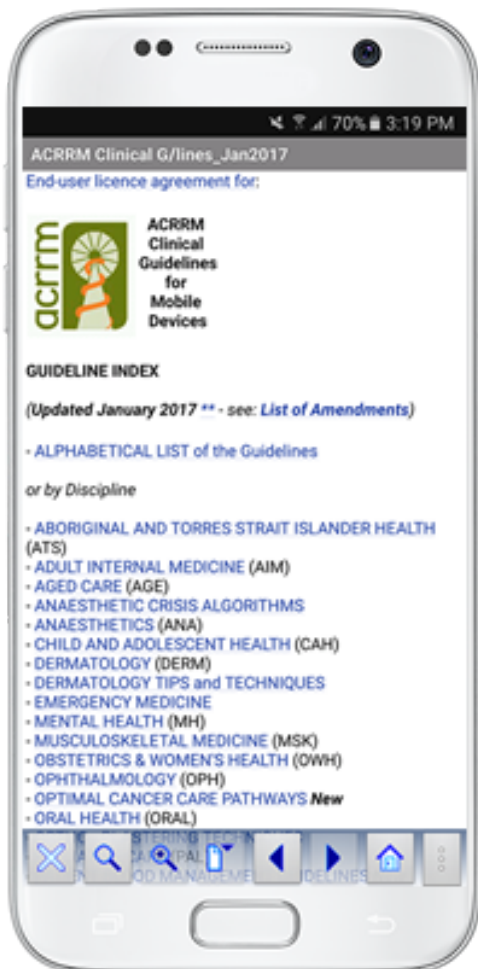
Free of charge for all ACRRM members and RRMEQ subscribers, the guidelines allow you to access best practice information any time, any place, even without an internet connection.

#### What has changed?

60 new guidelines have been added and over 30 have been amended, to give access to more information when it's needed most. New guidelines have been added to most disciplines plus 2 new disciplines have been included: 'Optimal Cancer Care Pathways Quick Reference Guides' and 'Patient Blood Management Quick Reference Guides'.

This update also includes features that will make it easier to:

- Search the guidelines, with a substantial expansion to the Alphabetical Listing that enables more scope in searching for relevant guidelines.
- Quickly reference abbreviations, with new additions to the Abbreviations List.
- Keep guidelines up to date, by checking the version number and expiry date in the footnote of every page. Use this as a reminder for when you need to update the guidelines.



The guidelines are your support tool for making quick decisions for your patient. Included in this update are new and amended guidelines to most disciplines. The guidelines are suitable for download on all mobile devices, as well as computers, laptops and tablets.

Click [here](#) for detailed download instructions, or contact ACRRM on (07) 3105 8200.

[Find out more >>](#)

### Alzheimer's Australia - Economic Cost of Dementia

The new *Economic Cost of Dementia in Australia 2016-56* report commissioned by Alzheimer's Australia was released on

**FIGHT ALZHEIMER'S  
SAVE AUSTRALIA**

15 February 2017.

The report states that the number of people with dementia in Australia has soared to more than 400,000 – and almost 139,000 in NSW - with an estimated cost to the community of more than \$14 billion this year alone. The research predicts this number will climb by another \$4 billion in just eight years as the number of people living with the condition continues to rise dramatically.

Alzheimer's Australia NSW CEO The Hon. John Watkins said the figures contained in the report, by the University of Canberra's National Centre for Social and Economic Modelling (NATSEM), were alarming and a very big wake-up call and has renewed the call for a funded National Dementia Strategy to deal with the issue, along with a greater focus on risk reduction measures.

"Dementia, which is a National Health Priority Area, is one of the major chronic diseases of this century," Mr Watkins said. "It is already the second leading cause of death in Australia and we know that the impact is far reaching.

View a [summary of the report](#) here or [the full report](#) here.

[Find out more >>](#)

## Practitioner Changes and New Contact Details

The Neurology Service at the **Specialist Medical Centre** has employed a locum Neurologist, whilst Dr Crossley is on maternity leave. **Dr Rami Haddad** is accepting referrals for General Neurology conditions including epilepsy, movement disorders (Parkinson), headaches etc, with special interest and expertise in neuroimmunology (MS) and elective training in stroke. As Dr Crossley's clinic had been closed prior to securing a locum, there is a short waitlist for appointments. Referrals can be sent by fax to 02 6881 6569 or Argus at [WNSWLHD-ccdubsmc@health.nsw.gov.au](mailto:WNSWLHD-ccdubsmc@health.nsw.gov.au)

The **EEG service** at the Specialist Medical Centre continues as a five day a week adult and paediatric service (ages 2 and up). Referrals can be faxed to 6881 6569 or sent via Argus [WNSWLHD-ccdubsmc@health.nsw.gov.au](mailto:WNSWLHD-ccdubsmc@health.nsw.gov.au), and Brendan Davies, neurophysiology technician, can be reached on phone number 6809 6006. There may be a slight increase in the amount of time it takes for reports to be issued, as the EEGs will now be reported externally.

[Download further details on 2017 changes at the Specialist Medical Centre here.](#)

## Training and Events

WNSW PHN organises regular CPD events for doctors and health professionals. These are listed on our website. Upcoming events organised or supported by WNSW PHN include:

- [Heavy Menstrual Bleeding](#) - 28 February (WEBINAR)
- [The New Cervical Screening Program](#) - 2 March, Dubbo
- [Youth Health Forum: School Refusal](#) - 8 March, Dubbo & Orange
- [Healing the Dying Patient](#) - 9 March, Cowra
- [Masterclass: Macular Degeneration](#) - 21 March, Mudgee
- [Foot Health Assessment Program](#) - 28 March, Broken Hill (event being held again on 29 March)
- [Otitis Media & Aural Health Care Program](#) - 30 March, Broken Hill
- [Diabetes in General Practice](#) - 30 March, Dubbo
- [Aural \(Ear\) Health Bridging Program](#) - 31 March, Broken Hill
- [GP Synergy Regional Workshop](#) - 3-5 April, Dubbo
- [National Rural Health Conference](#) - 26-29 April, Cairns QLD
- [Palliative Care Forum](#) - 26 April, Bathurst
- [Palliative Care Forum](#) - 26 April, Cowra
- [Palliative Care Forum](#) - 27 April, Parkes
- [Palliative Care Forum](#) - 27 April, Orange
- [Palliative Care Forum](#) - 28 April, Dubbo
- [Family Planning NSW Clinical Forum](#) - 29 April, Orange
- [Chronic Disease Self Management](#) - 22-25 May, Dubbo
- [GP Synergy Fusion Workshop](#) - 21-23 June, Sydney

[Full events calendar >>](#)

**The WNSW PHN's Aboriginal motif was created by Wiradjuri artist Lewis Burns.**

*It's a story of living off the land. A strong flowing river provides fresh, clean water for those living beside it in camps. At campfires, people cook from the earth, with abundant natural foods they've hunted and gathered. As a community, people respect the earth and their country, united in a healthy lifestyle.*



## Contact Western NSW PHN

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[www.wnswphn.org.au](http://www.wnswphn.org.au)

While the Australian Government helped fund this document, it has not reviewed the content and is not responsible for any injury, loss or damage however arising from the use of or reliance on the information provide herein.

We acknowledge that we work on the traditional lands of many Aboriginal clans, tribes and nations. We commit to working in collaboration with our region's Aboriginal communities and peoples to improve their health, emotional and social wellbeing in the spirit of partnership.



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