

Clinical Communique

Issue 20 - 21 September 2017

October is Breast Cancer Awareness Month



Research has shown that your patients are more likely to have a breast screen if you recommend it to them. Despite 1 in 8 women developing breast cancer in NSW in their lifetime, only 1 in 2 have regular screening. BreastScreen NSW targets women aged 50 to 74 to have a mammogram every two years. Women aged 40 – 49 and over 75 are also eligible however are encouraged to discuss their need to screen with their GP first. No referral needed, call 13 20 50.

[Find out more >>](#)

Increased cases of hepatitis A

There have been twelve confirmed cases of hepatitis A among adults in NSW since late July. Ten of these cases are locally acquired, which is higher than usual. Please refer to the NSW Health **Hepatitis A Update Fact Sheet** for recommended actions and advice for patients.



Changes to National Cervical Screening Program



Australian Government
Department of Health

The NCSP currently promotes routine screening with a Pap test every two years for women aged 18 to 69 years. The NCSP is now moving to a five yearly HPV test for woman aged 25 to 74 years. The change is based on new evidence and better technology and takes effect from 1 December 2017. To assist Healthcare Providers prepare for these changes a Cervical Screening Online Training Module is available at **NPS MedicineWise**.

[Find out more >>](#)

Help us improve CPD events - last chance to take the survey!

Help us improve education events in our region by completing this 5 minute survey by 25 September. As a primary health care provider, your feedback is essential in providing the Western NSW PHN with direction and focus for the 2018 CPD calendar, ensuring these education activities remain responsive to local learning needs. We greatly appreciate your input. **Take the survey now**





Seeking research participants - caring for patients who die in ED

Flinders University is conducting nationwide research to explore perceptions and experiences of nurses and doctors providing end-of-life care in Australian ED settings. Findings will be used to improve the planning and delivery of future end-of-life care practices and services. Please take part in the anonymous **survey**. Contact, Dr Tracey Giles E: tracey.giles@flinders.edu.au T: (08) 8201 3481

[Take the survey >>](#)

New Best Practice and Medical Director Template

The 'Resources' page on our website now includes a new template for GPs to download into their CIS for the Western NSW LHD Lung Cancer Fast Track Clinical Referral.

[Access templates >>](#)

Training and Events

WNSW PHN organises regular CPD events for doctors and health professionals. These are listed on our website. Upcoming events organised or supported by WNSW PHN include:

- [Musculoskeletal Health Webinar Series: fatigue management for people with persistent pain](#) - 21 September, Online
- [Big Joint Problems](#) - 21 September, Dubbo
- [Cancer Screening Prevention Forum](#) - 23 September, Sydney and Online
- [PSA Clinical Update](#) - 24 September, Orange
- [Kickstart the Change: Diabetes Management](#) - 28 September, Dubbo
- [Dealing with Depression in Rural Australia](#) - 30 September, Bathurst
- [Chronic Pain Management Strategies](#) - 3 October, Broken Hill
- [OUCH! Pain management can be a pain](#) - 4 October, Bourke
- [Musculoskeletal Health Webinar Series: Rheumatoid Arthritis](#) - 12 October
- [Respiratory Workshop](#) - 12 October, Forbes
- [Rural Medicine Australia Annual Conference](#) - 19-21 October, Melbourne
- [Musculoskeletal Health Webinar Series: the need to manage community expectations in stem cell therapies for MSK health](#) - 24 October, Online
- [Asthma Control Today and Tomorrow](#) - 25 October, Dubbo
- [Trauma Care Workshop](#) - 26 October, Parkes
- [Victorian Rural Clinical Network for Unintended Pregnancy and Abortion](#) - 30 October, Webinar
- [5th Edition Standards - the Key Changes](#) - 2 November, Webinar
- [Launch of Direct Access Colonoscopy Clinic and the Lung Cancer Diagnostic and Referral Pathway](#) - 2 November, Broken Hill

[Full events calendar >>](#)

The WNSW PHN's Aboriginal motif was created by Wiradjuri artist Lewis Burns.

It's a story of living off the land. A strong flowing river provides fresh, clean water for those living beside it in camps. At campfires, people cook from the earth, with abundant natural foods they've hunted and gathered. As a community, people respect the earth and their country, united in a healthy lifestyle.



Contact Western NSW PHN

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While the Australian Government helped fund this document, it has not reviewed the content and is not responsible for any injury, loss or damage however arising from the use of or reliance on the information provide herein.

We acknowledge that we work on the traditional lands of many Aboriginal clans, tribes and nations. We commit to working in collaboration with our region's Aboriginal communities and peoples to improve their health, emotional and social wellbeing in the spirit of partnership.



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