



## PRIMARY HEALTH NEWS

Issue 14 - 6 April 2017

### headspace and Suprè Foundation Partnership

headspace has partnered with the Suprè Foundation to develop the headspace Bullying Education and Prevention Resource Kit, including a booklet titled 'Bullying. So not Ok.'

The kit will aim to up-skill headspace centres on the topic of bullying and empower them to share their knowledge with local schools in their communities.



[Find out more >>](#)



### Support for Nurses and Allied Health Professionals

The NSW Rural Doctors Network (RDN) assists with the recruitment and retention of nurses and allied health professionals. The program aims to increase access to primary healthcare professionals in rural communities by providing support to candidates who are moving more remote than where they currently reside.

The program applies to nursing and allied health professionals, including Aboriginal Health Workers who are predominantly engaged in primary healthcare.

[Download a copy of the brochure.](#)

[Visit website >>](#)

### Launch of ADS Type 2 Diabetes Treatment Website and Survey

The Australian Diabetes Society (ADS) has launched a new interactive website aimed at improving the care of people living with type 2 diabetes. The website offers health-care professionals a user-friendly, interactive tool to assist them in determining the best treatment option for patients.



You are invited to [complete a survey](#) to provide your feedback as to whether the case studies are informative and meet your learning requirements.

[Visit Website>>](#)



The plan takes into account the governing literature on tobacco control and combines it with local initiatives producing an implementation plan with reporting responsibilities.

[View the plan at a glance >>](#)

## POSITIONS VACANT: WNSW PHN are Recruiting

Western NSW Primary Health Network currently has the following position available:

### **Councils Coordinator (Dubbo)**

The Councils Coordinator role is a fixed term contract until 30 June 2018. The role will form part of our Corporate Services team to collaboratively plan, develop and support the Western Clinical Council, Western Community Council, and Aboriginal Health Council, to interact with, report to, advise and influence the Western Health Alliance Limited (WHAL) Board.

The successful applicant will possess the skillset and experience to:

- Develop and maintain effective relationship with stakeholders to enable Council objectives;
- Provide the Board with formal reports from the Councils;
- Drive refinement in the governance aspects of the Council operation, ensuring an efficient and effective flow of information, recommendations and responses between Councils and the Board;
- Work with Council Chairs, and relevant Managers, to align meeting content with broader business objectives and requirements.

**Applications close Friday 28 April 2017.**

[Find out more >>](#)



## National Association of Diabetes Centres (NADC) is calling for EOIs for a new Foot Network Working Party

The National Association of Diabetes Centres (NADC) is committed to improving the foot care of people with diabetes nationally. They are inviting Expressions of Interest (EOI) from suitably qualified health care professions to join the Foot Network Working Party (FNWP). EOI close on 23 April 2017.

[Click here to submit your application >>](#)

## Marathon Health

### Getting out and keeping active over Easter



Easter is a time of year when we all tend to give ourselves permission to overindulge. We eat a lot, drink a lot and finally let our hair down after making it through the first quarter of the year.

The highly anticipated long weekend in autumn also signifies the beginning of the colder months which means less sunlight, more rain and reduced opportunity to get out and be active.

This Easter long weekend we're encouraging everyone to take the opportunity to get active and think about some strategies to ensure they will be able to continue regular exercise throughout the colder months.

[Find out more >>](#)

## Events and Training

Upcoming events organised or supported by WNSW PHN include:

- [National Rural Health Conference](#) - 26-29 April, Cairns QLD
- [An overview of Self-Harm in Adolescence](#) - 26 April, Dubbo
- [Circus - Clinical Innovation, Research and Creative Update Series](#) - 26 April, Orange
- [Palliative Care Forum](#) - 26 April, Bathurst
- [Palliative Care Forum](#) - 26 April, Cowra
- [Palliative Care Forum](#) - 27 April, Parkes
- [Palliative Care Forum](#) - 27 April, Orange
- [Palliative Care Forum](#) - 28 April, Dubbo
- [Family Planning Clinical Forum](#), 29 April, Orange
- [Working with Complex Trauma & Mental Health](#) - 3 May, Dubbo
- [Nurse Immunisation Conference](#) - 3 May, Dubbo
- [Nurse Immunisation Conference](#) - 4 May, Orange
- [State of the Art APNA National Conference](#) - 4-6 May, Hobart
- [Medico Masterclass: Paediatric Sleep Problems & Constipation](#) - 11 May, Mudgee
- [Diabetes Update for Primary Healthcare Nurses](#) - 18 May, Gulgong
- [General Practice Conference & Exhibition \(GPCE\)](#) - 19-21 May, Sydney
- Graduate Certificate in Advising on Chronic Disease Self Mgt - **CANCELLED**
- [GP Synergy Fusion Workshop](#) - 21-23 June, Sydney

Visit our [website](#) for a full list of events in your area



The WNSW PHN's Aboriginal motif was created by Wiradjuri artist Lewis Burns.

*It's a story of living off the land. A strong flowing river provides fresh, clean water for those living beside it in camps. At campfires, people cook from the earth, with abundant natural foods they've hunted and gathered. As a community, people respect the earth and their country, united in a healthy lifestyle.*

## Contact Western NSW PHN

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While the Australian Government helped fund this document, it has not reviewed the content and is not responsible for any injury, loss or damage however arising from the use of or reliance on the information provide herein.

We acknowledge that we work on the traditional lands of many Aboriginal clans, tribes and nations. We commit to working in collaboration with our region's Aboriginal communities and peoples to improve their health, emotional and social wellbeing in the spirit of partnership.



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