

Western NSW - Primary Mental Health Care 2019/20 - 2023/24 Activity Summary View



MH-H2H - 1 - Head to Health - Intake & Assessment Phone Service



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH-H2H

Activity Number *

1

Activity Title *

Head to Health - Intake & Assessment Phone Service

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 7: Stepped care approach

Other Program Key Priority Area Description**Aim of Activity ***

WNSW PHN will establish an Intake and Assessment phone service to offer a centralised point of access for people seeking mental health supports across the WNSW PHN region.

Description of Activity *

WNSW PHN will engagement a lead agency to deliver a centralised intake function through a single national phone number – 1800 595 212. This service will act as an entry point for people looking to access WNSW PHN funded mental health services.

Needs Assessment Priorities *

Needs Assessment

WNSWPHN Needs Assessment 2021/22-2024/25

Priorities

Priority	Page reference
Mental Health	48



Activity Demographics

Target Population Cohort

People with Mental Health support needs looking to access services.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

NA

Collaboration

WNSW PHN will work with other PHNs to commission a single service provider.



Activity Milestone Details/Duration

Activity Start Date

30/06/2022

Activity End Date

29/06/2025

Service Delivery Start Date

01/07/2022

Service Delivery End Date

30/06/2025

Other Relevant Milestones

NA



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): Yes

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Yes

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

na

Co-design or co-commissioning comments

na



MH - 1000 - Initial Assessment and Referral



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

1000

Activity Title *

Initial Assessment and Referral

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 7: Stepped care approach

Other Program Key Priority Area Description**Aim of Activity ***

This activity aims to upskill General Practitioners and other primary care clinicians across the WNSW PHN region in the use of the Initial Referral and Assessment (IAR) tool.

Description of Activity *

WNSW PHN will support the implementation and adoption of the Initial Assessment and Referral (IAR) Tool across the WNSW PHN region, with the objective of ensuring that people presenting with mental health needs are directed to services that most appropriately meet their needs in a stepped care framework.

This will be facilitated through the training and education of General Practitioners and other primary care clinicians across the region through the employment of IAR Training and Support Officers (TSOs). To further support the IAR Tool implementation, WNSW PHN will draw on the stakeholder networks to disseminate information about the National IAR Guidelines and promote adoption of the Guidelines.

WNSW PHN will provide remuneration for General Practitioners who attend and complete the full IAR training.

Needs Assessment Priorities *

Needs Assessment

WNSWPHN Needs Assessment 2021/22-2024/25

Priorities

Priority	Page reference
Mental Health	48



Activity Demographics

Target Population Cohort

General Practitioners and other primary care clinicians.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Consultation will be undertaken with Western and Far West Clinical Councils, together with our local General Practitioners.

Collaboration

WNSW PHN will keep key stakeholder informed on the deliver of the activity.



Activity Milestone Details/Duration

Activity Start Date

31/12/2021

Activity End Date

29/06/2025

Service Delivery Start Date

01/01/2022

Service Delivery End Date

30/06/2025

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): Yes

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

na

Co-design or co-commissioning comments

na

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

No



MH - 1100 - MH1.1 Low intensity coaching (New Access)



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

1100

Activity Title *

MH1.1 Low intensity coaching (New Access)

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 1: Low intensity mental health services

Other Program Key Priority Area Description**Aim of Activity ***

Increase access to the range of appropriate low intensity mental health coaching services across the WNSW PHN region.

Description of Activity *

The activity will first build local capability and capacity by engaging and training a pool of local mental health coaches in Low Intensity Cognitive Behavioural Therapy and the New Access model. The service will provide access to the people within WNSW PHN region with access to free face-to-face, telephone or online support lead by trained coaches. The promotion of this service will be managed across a variety of mediums, including: GPs, community health centres, mailbox drops.

This program was initially trialled as an addition to existing Psychological Therapies Program (Priority Area 3) with ongoing monitoring and evaluation undertaken to assess the effectiveness of the service. Due to its success Low Intensity Coaches have been trained to deliver additional services to young people aged 12-16. Services will be delivered in a culturally safe way to increase accessibility for Aboriginal and Torres Strait Islander People.

During the 23/24 year WNSW PHN will look to evaluate the program and utilise this information to ensure that the current model best meet the needs of community. If required, WNSW PHN will then look to redesign the service.

Needs Assessment Priorities *

Needs Assessment

WNSWPHN Needs Assessment 2021/22-2024/25

Priorities

Priority	Page reference
Mental Health	48
Aboriginal Health (Inc. Chronic Disease)	67



Activity Demographics

Target Population Cohort

Consumers with low to medium intensity mental health issues

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Stakeholders and consumers were engaged during the trial phase of service development.

Collaboration

This is provided by the existing Psychological Therapies service provider and involves collaboration with Beyond Blue and General Practitioners.



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2025

Service Delivery Start Date

July 2019

Service Delivery End Date

30 June 2025

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): Yes

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

N/A

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes

Funding From Other Sources - Financial Details

0

Funding From Other Sources - Organisational Details

NA



MH - 2100 - MH2.1 Headspace Services



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

2100

Activity Title *

MH2.1 Headspace Services

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

Increase access to a range of appropriate youth mental health services for young people through headspace centres

Description of Activity *

Core headspace activity will be maintained through the centres at Bathurst, Orange, Dubbo, Broken Hill & Cowra. WNSW PHN will work with the centres to improve sector integration and incorporate headspace services into a stepped care model of youth mental health services for the region.

Needs Assessment Priorities ***Needs Assessment**

WNSWPHN Needs Assessment 2021/22-2024/25

Priorities

Priority	Page reference
Mental Health	48



Activity Demographics

Target Population Cohort

Young people aged 12-25 in those centres and surrounding communities

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

No

SA3 Name	SA3 Code
Lachlan Valley	10302
Bathurst	10301
Orange	10304
Broken Hill and Far West	10502
Dubbo	10503



Activity Consultation and Collaboration

Consultation

Consultation will continue with a range of youth focussed services to ensure that headspace services are integrated with other youth services in the community.

Collaboration

Key stakeholders will be LHD and NGO provided clinical services, including Child and Adolescent Mental Health Services (CAMHS), Like Minds and community mental health. This collaboration will focus on improving referral pathways and integrated service delivery



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2025

Service Delivery Start Date

July 2019

Service Delivery End Date

June 2025

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No
Continuing Service Provider / Contract Extension: Yes
Direct Engagement: No
Open Tender: Yes
Expression Of Interest (EOI): No
Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

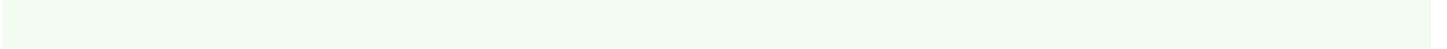
Co-design or co-commissioning comments

N/A

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes

Funding From Other Sources - Organisational Details





MH - 2200 - MH2.3 Improved Access to Culturally Safe and Accessible Mental Health Services



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

2200

Activity Title *

MH2.3 Improved Access to Culturally Safe and Accessible Mental Health Services

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

The activity aims to support the provision of culturally safe, accessible, co-designed mental health outreach services for young people living in small remote communities in Western NSW.

Description of Activity *

WNSW PHN will pilot a new model of headspace outreach service delivery that addresses the need for access to mental health services for young people in rural and remote towns where there is limited to no service availability. In addition, WNSW PHN will aim to increase the knowledge of available services, access to those services and the mental health literacy of small rural and remote communities.

The Pilot will be delivered across 10 small rural and remote communities with a population of less than 5,000 people. Implementation of the model will be centred around community based Aboriginal Wellbeing Workers (AWW) that will deliver supports under the guidance and governance of the parent headspace centre (headspace Dubbo). A total of 10 AWWs will provide assessment, safety planning, referral and engagement to young people aged 12-25 on country.

AWWs will provide supports from within their local community health centre, Aboriginal Medical Service (AMS) or Aboriginal Community Controlled Health Organisation (ACCHO) following training utilising the headspace learning platform and on-site group

training at parent centres. Clinical oversight, training, supervision and support will be provided by a dedicate Clinical Coordinator/Manager within headspace Dubbo.

The service will be co-designed by WNSW PHN in partnership with, headspace Dubbo, headspace National, Aboriginal Community Controlled Health Organisations, Western NSW Local Health District NSW Department of Education Primary Health Care service providers (ACCHOS and Government services), Youth Reference Group members and other key local stakeholders.

A comprehensive independent evaluation will be undertaken after two years of implementation.

Needs Assessment Priorities *

Needs Assessment

WNSWPHN Needs Assessment 2021/22-2024/25

Priorities

Priority	Page reference
Mental Health	48
Service access	84
Aboriginal Health (Inc. Chronic Disease)	67



Activity Demographics

Target Population Cohort

The service will target 12-25 living in 10 small rural and remotes communities with population of less than 5000 people.

In Scope AOD Treatment Type *

Indigenous Specific *

Yes

Indigenous Specific Comments

WNSW PHN will work closely with key Aboriginal Stakeholders across the region, including Aboriginal Medical Services, Aboriginal Community Controlled Health Organisations, Regional Assemblies.

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

WNSW PHN has worked closely with, and will continue to work with it's Aboriginal Health Council, local AMS', ACHHOs, headspace National, headspace Dubbo, Western NSW Local Health District.

Collaboration

As part of the implementation and co-design process, WNSW PHN will develop a comprehensive implementation plan detailing the roles and responsibilities of key stakeholders.



Activity Milestone Details/Duration

Activity Start Date

30/06/2022

Activity End Date

29/06/2025

Service Delivery Start Date

01/07/2022

Service Delivery End Date

30/06/2025

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: Yes

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): Yes

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

Yes

Decommissioning

No

Decommissioning details?

na

Co-design or co-commissioning comments

The service will be co-designed by WNSW PHN in partnership with, headspace Dubbo, headspace National, Aboriginal Community Controlled Health Organisations, Western NSW Local Health District NSW Department of Education Primary Health Care service providers (ACCHOS and Government services), Youth Reference Group members and other key local stakeholders.

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

No

Funding From Other Sources - Financial Details

0

Funding From Other Sources - Organisational Details

NA



MH - 2200 - MH2.2 Rural Youth Mental Health Strategy



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

2200

Activity Title *

MH2.2 Rural Youth Mental Health Strategy

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

Increase access to a range of appropriate youth mental health services for young people through rural youth mental health services

Description of Activity *

WNSW PHN will continue to commission the following activities:

1. Rural Youth Mental Health Service (RYMHS).

RYMHS will combine clinical services, assertive outreach/engagement and case management. RYMHS will target young people aged 12-25, who are not currently accessing services or experience service access barriers. RYMHS will be targeted at the specific geographic communities however will explore opportunities for expansion:

- Parkes LGA,
- Forbes LGA,
- Lachlan LGA,
- Bogan LGA,
- Narromine LGA,

- Gilgandra LGA,
- Warrumbungle Shire LGA,
- Coonamble LGA,
- Cobar LGA,
- Cowra LGA,
- Walgett LGA
- Mid-Western Regional Council LGA.

2. Social, Emotional and Wellbeing interventions for Children and Young People and families and carers. Services will be delivered in a culturally safe way to increase accessibility for Aboriginal and Torres Strait Islander People. The service will have 3 components:

- Actively supports the social and emotional wellbeing of students, teachers, family and carers in a preventative and inclusive way;
- Provide training and consultancy to schools across the region. This is a region wide activity.
- Provide education and information sessions to schools and parents. This is a region wide activity.

During the 22/23 and 23/24 periods WNSW PHN will commence a review and then co-design process to the facilitate the implementation of a Youth Enhanced Services (YES) Program in 24/25.

Needs Assessment Priorities *

Needs Assessment

WNSWPHN Needs Assessment 2021/22-2024/25

Priorities

Priority	Page reference
Mental Health	48
Service access	84
Aboriginal Health (Inc. Chronic Disease)	67



Activity Demographics

Target Population Cohort

Children and young people (up to 25yo) in remote and hard to reach localities.
 Young people in remote communities who require support in relation to grief and trauma

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

WNSW PHN will continue to consult and engage with local service providers that focus on youth mental health and social and emotional well being.

Collaboration

Component 1: The model is built around the need for the service to be fully integrated with existing services and supports (e.g., LHDs, headspace centres, psychological services, TAFE, schools) and is underpinned by a focus on strategies that embed integration.

Component 2: Service providers will be expected to collaborate closely with local schools to provide education, information and support. WNSW PHN expects these collaborative activities to enhance the capability of mainstream providers and the schooling system



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2025

Service Delivery Start Date

July 2019

Service Delivery End Date

June 2025

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: Yes

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Yes

Has this activity previously been co-commissioned or joint-commissioned?

Yes

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

N/A

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 3100 - MH3.1 Psychological therapy services for under-serviced groups



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

3100

Activity Title *

MH3.1 Psychological therapy services for under-serviced groups

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 3: Psychological therapies for rural and remote, under-serviced and / or hard to reach groups

Other Program Key Priority Area Description**Aim of Activity ***

Increase access to appropriate psychological therapies for underserviced groups

Description of Activity *

This activity will result in the provision of evidence based, short term psychological interventions to people with a diagnosable mild, moderate, or in some cases severe mental illness, or to people who have attempted, or are at risk of, suicide or self-harm where access to other services is not appropriate.

The service will be responsive to the unique challenges and needs of the rural and remote communities within the WNSW PHN region and allow for flexible models of service delivery include but not limited to telephone or video consultation. Services will be delivered in a culturally safe way to increase accessibility for Aboriginal and Torres Strait Islander People.

The activity will include monitoring and evaluation of the service delivery.

Needs Assessment Priorities ***Needs Assessment**

Priorities

Priority	Page reference
Mental Health	48
Aboriginal Health (Inc. Chronic Disease)	67



Activity Demographics

Target Population Cohort

People in rural and remote communities who require access to psychological and other allied health supports to manage their mental health.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Consultation will occur through WNSW PHN Community, Clinical and Aboriginal Health Councils, funded service providers and local general practices.

Collaboration

Western NSW and Far West Local Health Districts, and other rural and remote service organisations will be involved in supporting this activity.



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2025

Service Delivery Start Date

July 2019

Service Delivery End Date

June 2025

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): Yes

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

N/A

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 3200 - MH3.2 Psychological therapy services for Residential Aged Care



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

3200

Activity Title *

MH3.2 Psychological therapy services for Residential Aged Care

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 3: Psychological therapies for rural and remote, under-serviced and / or hard to reach groups

Other Program Key Priority Area Description**Aim of Activity ***

Increase access to appropriate psychological therapies for people living in Residential Aged Care Facilities

Description of Activity *

This activity is the result of findings from workshops, interviews and surveys undertaken to co-design a Regional Service Delivery Model for Psychological Services in Residential Aged Care Facilities (RACFs) in the Western NSW region. To enable access across the vast geography of the WNSW PHN region, this activity will provide online mental health services to all RACF's across the whole PHN region ensuring a highly accessible, convenient, and cost-effective solution to service provision, although face to face services may be delivered if required. This initiative will build upon the success of the Telehealth Health in Residential Aged Care (TRAC) program that WNSW PHN has been successfully implementing over recent years. Services provided to the RACF's by the commissioned provider will include:

- Provide an easy-to-use platform for booking and delivering psychology sessions.
- Enable RACF residents to gain access to up to 10 psychology sessions per episode.
- Mental health professionals will be available for telehealth appointments with residents both inside and outside of regular working hours.
- The telehealth provider will ensure that there is seamless correspondence between the residents GP and the mental health professional removing some of the administrative burden to RACF staff.

- Residents will be able to choose a mental health clinician of their choice or be matched with a suitable clinician.
- Appointments with a mental health clinician will be flexible to suit the routine, lifestyle and needs of the resident.
- Session summaries will be provided to residents to be utilised by the resident and/or RACF staff to apply the mental health clinician's advice between sessions.

Given the important of an appropriate implementation process, RACF readiness will be supported directly by WNSW PHN.

Needs Assessment Priorities *

Needs Assessment

WNSWPHN Needs Assessment 2021/22-2024/25

Priorities

Priority	Page reference
Mental Health	48
Aged care & older people	44



Activity Demographics

Target Population Cohort

Residents of Residential Aged Care Facilities diagnosed with or at high risk of experience mild to moderate mental illness requiring psychological therapies.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

This activity is the result of findings from workshops, interviews and surveys undertaken to co-design a Regional Service Delivery Model for Psychological Services in Residential Aged Care Facilities (RACFs) in the Western NSW region.

Collaboration

Collaboration with RACF's and other stakeholders will occur throughout the implementation of the activity.



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2023

Service Delivery Start Date

March 2020

Service Delivery End Date

June 2023

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): Yes

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

Yes

Decommissioning details?

na

Co-design or co-commissioning comments

na

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 4100 - MH4.1 MHNIP Services



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

4100

Activity Title *

MH4.1 MHNIP Services

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 4: Mental health services for people with severe and complex mental illness including care packages

Other Program Key Priority Area Description**Aim of Activity ***

Improved access to appropriate services for severe and complex mental illness, with increased access to the right care, at the right time in the right place with the provision of mental health nursing services.

Description of Activity *

To provide timely access to MHNIP services across our region, with the aim of improving access to appropriate services for severe and complex mental illness, including those who live in rural and remote communities, with the aim of Improved patient experience allowing increased access to right care, at the right time in the right place with the provision of mental health nursing service

This will be achieved through three delivery models:

1. A placed-based model where MHNIP services are provided in collaboration with general practices in three densely populated towns within the Eastern part of the WNSW PHN region (Orange, Bathurst, Cowra) by credentialled mental health nurses.
2. A rural and remote approach based on the WNSW PHN hub model, with service coverage being provided within a two-hour radius from, Dubbo, Cobar, Broken Hill, Bourke and Walgett, by credential mental health nurses.

3. An upskilling approach where nurses with relevant qualifications are supported by GP practices to complete further training in mental health and will be able to register as a credential mental health nurse and service the needs of their local population who suffer from severe and enduring mental illnesses

These services will be provided in a culturally safe way to increase accessibility for Aboriginal and Torres Strait Islander People.

Needs Assessment Priorities *

Needs Assessment

WNSWPHN Needs Assessment 2021/22-2024/25

Priorities

Priority	Page reference
Mental Health	48
Aboriginal Health (Inc. Chronic Disease)	67



Activity Demographics

Target Population Cohort

People with severe and complex mental illness

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

- WNSW PHN Community, Clinical and Aboriginal Health Councils to assess uptake and accessibility of the services
- Consultation with the LHDs to ensure we are understanding and meeting the needs of the severe and complex clientele within our regions

Collaboration

- Delivery and future development of this program will be done in collaboration with current service providers, clinicians, and

consumers in the region.



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2025

Service Delivery Start Date

July 2019

Service Delivery End Date

June 2025

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: Yes

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

N/A

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 5100 - MH5.1 Eastern, Central & Far West Regions Suicide Prevention



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

5100

Activity Title *

MH5.1 Eastern, Central & Far West Regions Suicide Prevention

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 5: Community based suicide prevention activities

Other Program Key Priority Area Description**Aim of Activity ***

To provide locally relevant activities for suicide prevention including:

- Research, plan and deliver activities in accordance with a detailed local needs analysis; the Lifespan model and Universal Aftercare; and recommendations of Bi-Lateral Agreement.
- Identify and focus on at-risk populations including one or more of the following: Indigenous people, young people; postnatal services, people with chronic illnesses, relationship breakdowns, LGBTQIA+ and males, homelessness and those particularly those in the mining, construction and agricultural industries.
- Establish and support networks of People with Lived Experience in Western and Far Western LHD regions.
- Raising awareness of suicide and suicide prevention through education and training.
- Reducing stigma of suicide through education and training for schools, workplaces and other areas of need
- Bereavement support of suicide for carers, family and friends, workplaces and schools
- Better access, integration & continuity of services for suicide prevention, postvention and aftercare
- Alternatives to traditional Emergency Departments and dedicated assertive aftercare services.
- Early intervention and recognising mental health challenges in self
- Targeted Regional Initiatives for Suicide Prevention
- Recruitment of Suicide Prevention Regional Response Leader

Description of Activity *

The main components of the activity include:

- Service mapping with community members and service providers.
- Develop the Western NSW Mental Health, Suicide Prevention and Drug and alcohol regional plan 2024-2027 as per the Bi-lateral agreement.
- Working closely with the W NSW LHD and Far Western LHD to identify needs and service gaps and work collaboratively to ensuring communities are provided with effective suicide prevention, post-vention and aftercare services.

Implementation of the LGA based plans may include:

- Development and monitoring of clear service agreements and referral pathways between current providers of suicide prevention, crisis care, after care (post hospital discharge) and bereavement services in the West and Far West LHD
- Delivery of a range of workforce training – from programs suitable for first responders to GP’s and specialist clinicians
- Delivery a range of school based wellbeing and resilience programmes - including both teachers and students, plus parents / carers where appropriate
- Focusing on place-based suicide prevention approaches in priority communities of need in the Far West
- Community awareness raising and gatekeeper training.
- Engage early intervention services for children and youths around suicide prevention, post-vention and aftercare.
- Work with early childhood education centres and schools to promote resilience and help-seeking, while reducing the stigma of mental illness and suicide within the Far West Region
- Other innovative responses to local needs
- Strong focus on cultural safety in suicide prevention activities to increase accessibility and appropriateness for Aboriginal and Torres Strait Islander People and communities.

Needs Assessment Priorities *

Needs Assessment

WNSWPHN Needs Assessment 2021/22-2024/25

Priorities

Priority	Page reference
Mental Health	48
Service access	84
Aboriginal Health (Inc. Chronic Disease)	67



Activity Demographics

Target Population Cohort

Education for all communities and primary care providers around suicide prevention

High risk groups that are identified in local population demographics and needs as outlined above, and to change as per needs assessment and placed based needs change.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Consumers, local service providers, WNSW PHN Community, Clinical and Aboriginal Health Councils

Collaboration

Collaboration with stakeholders will occur through:

- Clear communication, liaising with vulnerable populations and ensuring flexibility to meet the diverse needs of our communities
 - The identification and development of the LGA based suicide prevention plans and placed based care/
 - The development and monitoring of clear referral pathways
 - The establishment, training and support of networks of people with lived experience.
-



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2025

Service Delivery Start Date

July 2019

Service Delivery End Date

June 2025

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: Yes

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

Yes

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

N/A

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 5200 - MH5.2 Indigenous led suicide prevention networks



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

5200

Activity Title *

MH5.2 Indigenous led suicide prevention networks

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 5: Community based suicide prevention activities

Other Program Key Priority Area Description**Aim of Activity ***

To establish and continue to develop community led, culturally responsive and appropriate Indigenous specific suicide prevention network across the WNSW PHN region

Description of Activity *

The activity will consolidate and strengthen the knowledge, skills and initiatives of the Indigenous led community suicide prevention networks. This includes not only strengthening each group but also ensuring their involvement in the development and implementation of the WNSW PHN Regional Mental Health and Suicide Prevention Plan.

The activity has two main components:

- Strengthening the individual networks – Develop network specific strategic plans based on local need and priorities aligned to the Fifth National Mental Health and Suicide Prevention Plan. Support the networks with small support grants, localised training and education to develop their ongoing capacity. Monitoring and evaluation to assess the effectiveness of the networks and the activities they undertake. Support to lived experience groups.
- Engagement of the networks to inform the development of the WNSW PHN Mental Health Suicide Prevention Plan – A local annual forum will be held to bring representatives from each network together with other relevant regional stakeholders such as suicide prevention and crisis support workers, LHD's, Police, Ambulance and the Department of Education. The forum will allow the sharing of information on latest research findings, relevant training and resources but most importantly it will be used as a

mechanism to share practical local knowledge and experience to assist in co-designing, enhancing and reviewing the development of the NSW PHN Mental Health and Suicide Prevention Plan.

Needs Assessment Priorities *

Needs Assessment

WNSWPHN Needs Assessment 2021/22-2024/25

Priorities

Priority	Page reference
Mental Health	48
Aboriginal Health (Inc. Chronic Disease)	67



Activity Demographics

Target Population Cohort

Aboriginal and Torres Strait Islander community members.

In Scope AOD Treatment Type *

Indigenous Specific *

Yes

Indigenous Specific Comments

WNSW PHN will work closely with key Aboriginal Stakeholders under the guidance the Aboriginal Health Council.

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Consultation will continue to occur with Aboriginal Local Community Working Parties in each area; Consumers; Community; Aboriginal Regional Assemblies; service providers working in the sector

Collaboration

At the local level, networks have and/or will engage with a range of different community and service sector stakeholders, depending on the foci of their strategic plans.

At the regional level and through their involvement in the proposed Regional Forum, delegates from the networks will also collaborate with a wide range of stakeholders in the design and monitoring of the Regional Suicide Prevention Plan.



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2025

Service Delivery Start Date

July 2019

Service Delivery End Date

June 2025

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: Yes

Expression Of Interest (EOI): Yes

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

N/A

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

No



MH - 5300 - MH5.3 Post suicide attempt follow-up and support (Wayback Support Service)



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

5300

Activity Title *

MH5.3 Post suicide attempt follow-up and support (Wayback Support Service)

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 5: Community based suicide prevention activities

Other Program Key Priority Area Description**Aim of Activity ***

To establish and implement a Wayback Support Service across the Far West Local Health District in WNSW PHN region.

Description of Activity *

The Way Back Support Service Far West NSW, a trauma-informed, non-clinical, psychosocial service response to support people following a suicide attempt or experiencing suicidal crisis. The program aims to reduce the risk of further suicidal behaviour for individuals who have experienced a suicidal crisis or who have attempted suicide.

The objectives of the Way Back Support Service are to:

- Improve access to high-quality aftercare to support at risk individuals to stay safe;
- Build capacity of individuals to self-manage distress and improve mental wellbeing;
- Improve links with clinical and community-based services to meet individual needs;
- Increase social connectedness and links to supportive networks (carers and peers); and
- Improve the capacity and capability of the Way Back workforce to support at risk individuals.

Needs Assessment Priorities *

Needs Assessment

WNSWPHN Needs Assessment 2021/22-2024/25

Priorities

Priority	Page reference
Mental Health	48



Activity Demographics

Target Population Cohort

People who have experienced a suicidal crisis and/or attempted suicide and their immediate friends and family

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

No

SA3 Name	SA3 Code
Broken Hill and Far West	10502



Activity Consultation and Collaboration

Consultation

Consultations with community sector stakeholders will occur in partnership with the commissioned service provider.

Collaboration

We will collaborate with Beyond Blue, the Far West Local Health District, the contracted provider and other stakeholders as necessary to ensure the best levels of service delivery and engagement throughout the life of the initiative.



Activity Milestone Details/Duration

Activity Start Date

30/04/2020

Activity End Date

29/06/2023

Service Delivery Start Date

June 2021

Service Delivery End Date

June 2023

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

na

Co-design or co-commissioning comments

Co-design within the context of negotiable aspects of beyond blue's licence agreement/service model.

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 6100 - MH6.1 Implement a model for Social Emotional Wellbeing (SEWB) to support Aboriginal communities



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

6100

Activity Title *

MH6.1 Implement a model for Social Emotional Wellbeing (SEWB) to support Aboriginal communities

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 6: Aboriginal and Torres Strait Islander mental health services

Other Program Key Priority Area Description**Aim of Activity ***

This program aims to provide access to culturally responsive Social and Emotional Wellbeing (SEWB) services including activities and SEWB workforce for Aboriginal people living in the WNSW PHN region.

Description of Activity *

This activity funds ACCHOs across the WNSW PHN region to provide comprehensive, evidence-based Social and Emotional Wellbeing (SEWB) services. SEWB Workers will engage in a variety of SEWB activities, as nominated by each contracted ACCHO, to ensure SEWB programs are locally relevant and activities are available for all Aboriginal people, regardless of whether they access primary healthcare services from ACCHOs, AMSs or mainstream general practices.

This activity includes the following elements:

- Workforce:
 - o Social and Emotional Wellbeing Workers (or other suitable qualified persons, as nominated by individual ACCHO/AMS) to deliver SEWB programs and ebbed into AMSs.
 - o The implementation of this project will be commissioned and coordinated ongoing internally through a SEWB Enhancement Project Officer.
- Workforce Training and Support provided by a Lead Agency:
 - o SEWB Worker training (Certificate IV Social and Emotional Wellbeing), provided where local workforce requires training

- o SEWB Workforce support – Individual and Group Supervision to members of the SEWB Network.
- Establishment of Western NSW SEWB Network:
 - o Establishment of SEWB Network comprising all SEWB workers across the region, regardless of position funding source, including:
 - ☑ SEWB workers funded by Department Prime Minister and Cabinet
 - ☑ SEWB workers funded by WNSW PHN
 - ☑ SEWB workers funded by other sources
- SEWB Program Funding:
 - o Allocation of funding to deliver a range of SEWB programs (as nominated by the locally commissioned ACCHOs) across all LGAs in the Western NSW PHN region.

If required, conduct an evaluation of the SEWB activities funded.

Needs Assessment Priorities *

Needs Assessment

WNSWPHN Needs Assessment 2021/22-2024/25

Priorities

Priority	Page reference
Service access	84
Aboriginal Health (Inc. Chronic Disease)	67



Activity Demographics

Target Population Cohort

Aboriginal communities in the WNSW PHN region

In Scope AOD Treatment Type *

Indigenous Specific *

Yes

Indigenous Specific Comments

These services are provided by Aboriginal people for Aboriginal people. Contracted service providers are from ACCHO/AMS Sector and are encouraged to identify local Aboriginal people with local knowledge and connection to community to employ as SEWB workers. Contracted organisations will identify their own local community preferences for the SEWB programs funded by this Activity.

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

WNSW PHN Aboriginal Health Council, AMSs and ACCHOs.

Collaboration

Both the design process and the implementation of the program has been undertaken collaboratively with the following groups:

- ACCHO and AMSs
- WNSW PHN Aboriginal Health Council
- Department of Prime Minister and Cabinet (PM&C)

PM&C are also funding some SEWB workers in the WNSW PHN region (not via WNSW PHN). These SEWB workers will be supported by WNSW PHN to participate in the Western NSW SEWB Network. WNSW PHN is only funding SEWB workers in LGAs where positions are not currently funded by PM&C



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2024

Service Delivery Start Date

July 2019

Service Delivery End Date

June 2024

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No
 Continuing Service Provider / Contract Extension: Yes
 Direct Engagement: No
 Open Tender: No
 Expression Of Interest (EOI): No
 Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Yes

Has this activity previously been co-commissioned or joint-commissioned?

Yes

Decommissioning

Yes

Decommissioning details?

Given the activity funding is due to cease on 30 June 2024, and unless future funding is confirmed, WNSW PHN will commence the decommissioning process in January 2024. This will be informed by advice from the DoHAC with planning for decommissioning to be undertaken in partnership with the relevant commissioned service providers in order to facilitate minimal impact to community.

Co-design or co-commissioning comments

N/A

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

No



MH - 7100 - MH7.1 Stepped Care Implementation Project



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

7100

Activity Title *

MH7.1 Stepped Care Implementation Project

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 7: Stepped care approach

Other Program Key Priority Area Description

Aim of Activity *

To increase support and resources that are relevant to the needs of clients and clinicians across the region.

Description of Activity *

This activity aims to increase access to mental health services and resources through the development of a service navigation portal that will be aligned to the stepped care framework. The project will engage a provider to develop a locally tailored navigation tool. The final navigation tool will be accessible on the internet via a range of devices and will provide a “one stop shop” for information regarding mental health services across the region. This is not a direct service delivery activity.

Needs Assessment Priorities *

Needs Assessment

WNSWPHN Needs Assessment 2021/22-2024/25

Priorities

Priority	Page reference
Mental Health	48



Activity Demographics

Target Population Cohort

Mental health consumers engaging general practice (this is not a direct service delivery activity).

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

The navigation portal will be designed in consultation with general practice, consumers, clinicians, and mental health care organisations from across the region.

Collaboration

WNSW PHN will collaborate with the involved agencies to develop and implement the service navigation portal.



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2025

Service Delivery Start Date

July 2019

Service Delivery End Date

June 2025

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: Yes

Expression Of Interest (EOI): No

Other Approach (please provide details): Yes

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

This activity will be co-designed with consumers, carers, clinicians, General Practice, Mental Health Organisations, WNSW Local Health District, Far West Local Health District and Aboriginal Organisations

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

No



MH - 8100 - MH8.1 Regional Mental Health and Suicide Prevention Planning



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

8100

Activity Title *

MH8.1 Regional Mental Health and Suicide Prevention Planning

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 8: Regional mental health and suicide prevention plan

Other Program Key Priority Area Description**Aim of Activity ***

Joint planning and delivery of a Regional Mental Health and Suicide Prevention plan.

Description of Activity *

WNSW PHN has led the development of a Foundational Regional Mental Health and Suicide Prevention Plan in partnership with Western NSW and Far West Local Health Districts. The plan:

- Has been developed in partnership with consumers and key stakeholders;
- Is centred around a Stepped Care Framework;
- Is aligned to the 5th National Mental Health and Suicide Prevention Plan; and bi-lateral agreement and the National Suicide prevention framework.

Research to inform planning

- Is underpinned by evidence-based planning tools.

In collaboration with key stakeholder, WNSW PHN is currently implementing the foundational plan.

Regional Mental Health and Suicide Prevention Planning is happening in two key stages:

Stage 1: Foundational Plan

The Foundational Plan defines role and responsibilities across the PHN and LHDs, identify key priorities and commit resources to the development of a comprehensive plan. It will provide directions to ensure that all relevant stakeholders are involved in the process. This element has been completed

Stage 2: Comprehensive Plan

The comprehensive plan is the service delivery plan. The plan will build upon and be informed by some of the work undertaken in Activities MH5 (5.1) and MH5 (5.2). It will outline the delivery of integrated, evidence based mental health and suicide prevention activities for the region and commits both the PHN and LHDs to delivering those services. It is based on a shared understanding of the sector, consumer and carer needs, workforce dynamics and the region itself as laid out in the new Bi-lateral agreement and will be completed by March, 2024.

The main aims of W NSW Suicide Prevention planning are:

- Reduce stigma and beliefs within the community around suicide and the prevention of people seeking help for suicidal ideation
- Focusing on place-based suicide prevention approaches in priority communities of need in the Far West (particularly younger adult men aged 25-44)
- Review and implement innovative ways to Increase primary care and community workforce knowledge and skills in recognising and supporting suicidal individuals in rural and remote communities.
- Conduct and implement capacity building exercises, using innovative place based models in rural and remote areas for community-based suicide prevention services.
- Reduce the number of suicides within the district through implementation of the recommendations outlined in the National Mental Health and Suicide Prevention Agreement, and the Bi-lateral agreement

Needs Assessment Priorities *

Needs Assessment

WNSWPHN Needs Assessment 2021/22-2024/25

Priorities

Priority	Page reference
Mental Health	48
Service access	84



Activity Demographics

Target Population Cohort

The development of the plan will ensure the delivery of appropriate evidence-based services to all consumers of mental health services across the PHN region.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Consultations will continue to occur with Western NSW and Far West Local Health District, consumers, local service providers and Government agencies that provide related services across the PHN region. Extensive consultation will be undertaken with the Suicide Prevention networks that have been established as part of Activity MH5 (5.2).

Collaboration

Western NSW and Far West NSW LHDs



Activity Milestone Details/Duration

Activity Start Date

30/06/2018

Activity End Date

29/06/2025

Service Delivery Start Date

July 2019

Service Delivery End Date

June 2025

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: Yes

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): Yes

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Yes

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

N/A

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

No



NSPT - 1000 -National Suicide Prevention Trial



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

NSPT

Activity Number *

1000

Activity Title *

NSPT National Suicide Prevention Trial

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Mental Health

Other Program Key Priority Area Description**Aim of Activity *****Description of Activity *****Needs Assessment Priorities *****Needs Assessment**

WNSW PHN Needs Assessment 2019/20-2021/22

Priorities



Activity Demographics

Target Population Cohort

In Scope AOD Treatment Type *

Indigenous Specific *

Indigenous Specific Comments

Coverage

Whole Region

SA3 Name	SA3 Code
Blue Mountains - South	12402
Lachlan Valley	10302
Bathurst	10301
Lower Murray	10902
Lithgow - Mudgee	10303
Orange	10304
Broken Hill and Far West	10502
Dubbo	10503
Bourke - Cobar - Coonamble	10501



Activity Consultation and Collaboration

Consultation

Collaboration



Activity Milestone Details/Duration

Activity Start Date

Activity End Date

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Is this activity the result of a previous co-design process?

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Has this activity previously been co-commissioned or joint-commissioned?

Decommissioning

Decommissioning details?

Co-design or co-commissioning comments



MH-CV19 - 1 - COVID-19 - Emergency Mental Health Support - Older Australians



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH-CV19

Activity Number *

1

Activity Title *

COVID-19 - Emergency Mental Health Support - Older Australians

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Other (please provide details)

Other Program Key Priority Area Description

COVID Pandemic Mental Health

Aim of Activity *

Support the Australian Governments mental health response to the COVID-19 pandemic by reducing the impact of physical distancing measures associated with COVID-19 on the mental health and wellbeing of older people.

Description of Activity *

Reduce the impact of COVID-19 measures on the mental health and wellbeing of older Australians by promoting and coordinating connections to services and support and improving access to physical and mental health services. This activity will provide:

- In reach support by mental health professionals to older people who are experiencing social isolation and/or loneliness
- Promote the identification and referral of older people to services and supports
- Promote connections to other services and resources for older people experiencing social isolation and/or loneliness.

This activity will build on work already undertaken by PHN's in delivering psychological services to older people with mental health issues in RACFs.

Western NSW PHN will ensure that all activities are conducted safely and in line with Government guidelines regarding physical distancing and COVID safe practices.

Given the significant challenges experienced in accessing the target cohort due to COVID -19, the service delivery will continue to 31 December 2022.

Needs Assessment Priorities *

Needs Assessment

WNSWPHN Needs Assessment 2021/22-2024/25

Priorities

Priority	Page reference
Mental Health	48
Aged care & older people	44



Activity Demographics

Target Population Cohort

Older Australians over 65 years of age.

Older Aboriginal and Torres Strait Islander people over the age of 55.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

WNSW PHN has engaged with key local providers and stakeholders on the implementation of the activity.

Collaboration

N/A



Activity Milestone Details/Duration

Activity Start Date

13/09/2020

Activity End Date

30/12/2022

Service Delivery Start Date

February 2021

Service Delivery End Date

31 December 2022

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: Yes

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

na

Co-design or co-commissioning comments

na





CHHP - 2300 - CH2.3 Wait Time Reduction



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

CHHP

Activity Number *

2300

Activity Title *

CH2.3 Wait Time Reduction

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

Increase access to a range of appropriate youth mental health services for young people through headspace centres

Description of Activity *

Additional funding for headspace activity will be used to reduce client wait times for young people with the highest needs at the centres in Bathurst, Orange and Dubbo where wait times have been higher. WNSW PHN will work with the centres and headspace National Youth Mental Health Foundation to undertake analysis, plan, codesign and implement strategies that aim to reduce wait times. Potential activities include increasing workforce, capital works improvements, providing additional group or drop in sessions or implementing improved prioritisation and wait time reduction procedures. This will improve access and occasions of service for headspace services in a best practice stepped care model of youth mental health services for the region that is compliant with the headspace Model Integrity Framework and Trade Licence Mark Deed.

Needs Assessment Priorities ***Needs Assessment**

WNSWPHN Needs Assessment 2021/22-2024/25

Priorities

Priority	Page reference
Mental Health	48



Activity Demographics

Target Population Cohort

Young people aged 12-25 in those centres and surrounding communities.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

No

SA3 Name	SA3 Code
Bathurst	10301
Orange	10304
Dubbo	10503



Activity Consultation and Collaboration

Consultation

Consultation will continue with a range of youth focussed services to ensure that headspace services are integrated with other youth services in the community.

Collaboration

Key stakeholders will be headspace National Youth Mental Health Foundation, LHD and NGO provided clinical services, including Child and Adolescent Mental Health Services (CAMHS), Like Minds and community mental health. This collaboration will focus on improving referral pathways and integrated service delivery.



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2024

Service Delivery Start Date

January 2020

Service Delivery End Date

June 2024

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

N/A

