

# Peer Group Learning Webinar Series - Mental Health



Invitation

An Australian Government Initiative

Peer Group Learning (PGL) activities are designed to maximise the benefits of working and learning together in a peer group educational setting. PGL utilises peer support, interaction and reflection to enhance participants' clinical competence, knowledge, skills, attitudes and performance. One PGL cycle commences with a planning meeting with all registered participants followed by at least 4 hours (minimum requirement) of education activity and concludes with a review meeting with all participants. The completion of one cycle of Peer Group Learning is worth 40 Accredited Activity CPD points.

Dr Neil Jeyasingam, visiting Psychiatrist with the LHD is keen to upskill GPs in the Far West region by conducting up to 10 one-hour webinar sessions on different topics surrounding Mental Health. Each session will contain a half hour didactic presentation and a half hour discussion and/or case studies. Dr Jeyasingam has suggested 10 topics for discussion, but these will be determined during the planning meeting with registered participants.

After the planning meeting sessions are planned for one hour each fortnight.

# Date – Planning Meeting 24<sup>th</sup> August 2021

#### **Time**

6.55pm login for 7.00pm (CST)

### Target audience

**GPs and Registrars** 

#### Contact

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#### **Format**



# Event Photography, Footage & Recordings

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#### Facilitated by:

#### Dr Ramu Nachiappan Principle, Nachiappans WNSW PHN GP CPD Advisor

### **Guest Speaker**

#### **Dr Neil Jeyasingam** Visiting Psychiatrist, FWLHD

To receive 40 Accredited Activity CPD points participants must attend:

- Planning meeting
- Minimum of 4 x 1-hour education sessions
- Review / Reflection meeting at conclusion of cycle

Participants who do not meet the requirements to receive 40 Accredited Activity CPD points can received a certificate of attendance for each topic they attend to self-register with their chosen college

#### Suggested topics (to be determined after planning meeting)

- Anxiety
- Depression
- Bipolar Disorder
- Suicide
- Schizophrenia
- Borderline Personality
  Disorder
- Dementia
- Isolation
- GP Self Care
- Stress
- Mental Health Act
- Ageing and management Aged Care Residents

## **MEETING JOIN LINK**

https://www.wnswphn.org.au/events/eventregistration?eventid=1256