

# Primary Care CPD Meeting Invitation

**phn**  
WESTERN NSW

An Australian Government Initiative

## Date

Wednesday November 9  
2022

## Time

6.30pm to 8.00pm

## Venue

**Hive Orange**  
25-27 McNamara Street  
ORANGE NSW

## Target Audience

GPs, Registrars, Medical Students, Nurses, Allied Health Professionals, Aboriginal Health Professionals, Pharmacists, Specialists and other interested health professionals

## Contact

[cpd@wnswphn.org.au](mailto:cpd@wnswphn.org.au)

## Accreditation



Accreditation Pending

## Format



Free **F2F event**  
(light supper provided)

## Event Photography, Footage & Recordings

By attending this event, you agree to being filmed, photographed and/or recorded by WNSW PHN and/or our identified event partner(s). Any recorded material may then be used for online, social media, marketing or promotional purposes. If you do not consent to your image(s) or voice being recorded or shared, please email [cpd@wnswphn.org.au](mailto:cpd@wnswphn.org.au)

## Diagnosis, Treatment and Management of Chronic Oedema, Varicose Veins and Telangiectasia

### Presented By

#### Erica Eccleston

Physiotherapist, Orange Family Physiotherapy  
Accredited Level 1 Lymphoedema Practitioner

#### Dr Michael Sobotta

GP, Central West Skin Cancer Clinic  
B AppSci (MRT) MBBS (Hons) FRACGP Dip ACSCM

Most health professionals are taught little about the diagnosis and treatment of chronic swelling including lymphoedema during their training. Because of this, chronic swelling often goes undiagnosed and untreated for extended periods of time. Even worse, it is common for patients to be prescribed treatments which can worsen their condition, or they attempt to treat themselves using dubious 'cures'. Join us for a light supper, networking and an update on the diagnosis, treatment and management of chronic oedema, varicose veins and telangiectasia, presented by two local clinicians.

### Learning Outcomes

- Identify symptoms of chronic oedema, and funding schemes to assist in cost of treatments & compression garments
- Describe the 4 components of lymphoedema management
- Locate and appropriately refer to an accredited Lymphoedema practitioner within the local region
- Identify, assess and educate patients about treatment options for varicose veins and telangiectasia

### Program

- 6.30pm** Registration, networking and light refreshments
- 7.00pm** Welcome, Acknowledgement of Country & Introduction
- 7.05pm** Education sessions
- 7.45pm** Q&A
- 8.00pm** Evaluation & Close

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