

# Suicide Prevention Forum

Working with Older People

## Invitation



An Australian Government Initiative

### Date

Wednesday, 12 October 2022

### Time

9.30am for a 10.00am start  
to 3.00pm

### Venue

**Savannah Function Centre**

Taronga Western Plains Zoo  
Obley Rd, DUBBO NSW 2830

### Target audience

Aboriginal Health Professionals; Mental Health Professionals; Peer Workers and workers with lived experience; GPs; Registrars; Nurses; Pharmacists; Allied Health Professionals; Specialists; Emergency Staff; Emergency Services including Police, Ambulance and Fire; Residential Aged Care staff; NGOs; CMOs and all other health professionals with an interest in mental health

### Contact

Email: [Libby Daniewska – WNSW PHN](mailto:Libby.Daniewska@wnswphn.org.au)  
Phone: 0499 936 176

### RSVP

5pm Friday 30 September 2022

### Format



Free **F2F event**  
(Catering will be provided)

### Event Photography, Footage & Recordings

By attending this event, you agree to being filmed, photographed and/or recorded by WNSW PHN and/or our identified event partner(s). Any recorded material may then be used for online, social media, marketing, or promotional purposes. If you do not consent to your image(s) or voice being recorded or shared, please email [communications@wnswphn.org.au](mailto:communications@wnswphn.org.au).

*Please note: A F2F GP-focused and accredited education evening will be held in Dubbo on 15/11/22 and in Orange on 29/11/22*

### Presented by

**Western NSW Local Health District  
and Western NSW Primary Health Network**

This event will showcase the suicide prevention initiatives and service developments across Western NSW with a particular focus on older people. This will include information on the Western NSW LHD Older People's Suicide Prevention Pathway Project and provide presentations along with a case study discussion on current knowledge and practice related to working with older people experiencing suicidal crisis and support to them, their families, carers and networks.

### Local Mental Health Service Showcase

WNSW LHD Mental Health Services and WNSW PHN, along with key partners, will showcase a range of mental health services available in the region.

The days' program highlights include:

- Networking opportunities prior to and throughout the event
- Welcome to Country with local Wiradjuri Elder
- Recognition of lived and living experience
- Education sessions with Dr Lindsay Ayerst, Gabrielle McNamara, Martin Davis and clinicians from the Mental Health Emergency Care team
- Workshops that include case studies, safety planning and asking directly around thoughts of suicide
- Interactive Q&A session with an expert panel of presenters and service providers

### Learning outcomes

- Promote awareness of the Older People's Suicide Prevention Pathway
- Develop knowledge and understanding of current evidence-based practice in relation to suicide prevention
- Support participants' understanding and ability to apply practical elements of the pathway including the ASQ (Suicide risk screening tool) and the Safety Plan (adapted from Stanley & Brown)
- Develop knowledge and practical strategies to apply an Aboriginal cultural lens to Older People in suicidal crisis
- Build on knowledge of services and supports that an older person experiencing suicidal crisis, their family, carers, support networks can be referred to for more information and support
- Demonstrate the importance of inclusion of family, kinship, and carers when working with older people

**[CLICK HERE to REGISTER NOW](#)**