



Patient Engagement Skills

HealthChange Methodology: Patient Engagement Skills course

Foundation tools and knowledge for better patient engagement

The HealthChange Methodology: Patient Engagement Skills course provides the foundation tools and knowledge to improve patient engagement for better outcomes.

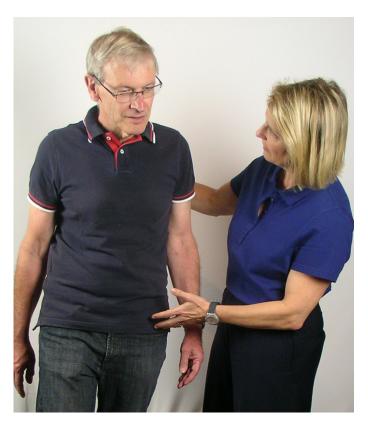
HealthChange Methodology provides individuals and organisations with the practical skills, systems and knowledge to deliver effective, time-efficient, person-centred care. The course introduces a unique Consultation Framework that bridges the gap between the theory and practice of patient engagement and behaviour change support, providing a consistent guide to help clinicians with what to say, how to say it and when to say it in consultations to get the best results with patients.

'I am happy to be learning so much I can put into my current role to improve my patient engagement.'

- Course participant

Demonstrated results and research show HealthChange Methodology can:

- increase clinician confidence and skills improved ability to work with chronic and complex patients, particularly valuable in building clinician capacity when transitioning to telehealth and mobile technology
- provide a consistent way to deliver health literacy and person-centred care – common language, methodology and simple tools that work across all levels – clinicians, teams, services and organisations
- improve patient engagement and clinical outcomes
 benefits reported include higher patient retention and participation rates, reduced wait lists, lower surgery deferrals due to poor patient self-management and better clinical outcomes.



Learn the foundation tools and knowledge to improve patient engagement for better outcomes.

'This workshop opened my eyes to other ways of dealing with patients who I may have labelled (unconsciously or consciously) as difficult, unmotivated, etc.'

- Dietitian and course participant





Our course structure: (*HealthChange® Methodology: Patient Engagement Skills takes 4 weeks to deliver) **Attend Introduction Teleconference** Meet the group • Be introduced to the online tools 1.5 hr Scheduled Group Time Get an overview of the course content Have your questions answered **Complete Online Modules** Week 1 Work through online modules that Self-directed learning introduce HealthChange® Methodology Approximately 2 hours and the Person-Centred Practice Practise skills at work Principles (Modules 1-3) **Attend Teleconference 2** Participate in practical application 1.5 hr Scheduled Group Time exercises Have your application questions answered Week 2 **Complete Online Modules** Self-directed learning - Work through online modules that Approximately 2 hours discuss Person-Centred Goal Setting and Practise skills at work Engagement Skills (Modules 4-5) **Attend Teleconference 3** Participate in practical application 1.5 hr Scheduled Group Time exercises Have your application questions answered Week 3 **Complete Online Modules** Self-directed learning - Complete final course modules Approximately 1 hour Practise skills at work **Attend Teleconference 4** Participate in practical application 1.5 hr Scheduled Group Time exercises Have your application questions answered Week 4 **Complete Feedback** Work through any remaining online Self-directed learning modules and complete course feedback