# Invitation Sydney & Western NSW LHDs and WNSW PHN General Mental Health ECHO

## Dates

Tuesdays 7.00pm – 8.00pm AEST July 18 – September 19 2023

# **Target Audience**

GPs, Registrars, Nurses, Allied Health Professionals, Primary Care Health Professionals

# Contact

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### Accreditation

You can self-report CPD hours for this event under the relevant section (reviewing performance, measuring outcomes or educational activity

# Format



# Event Photography, Footage & Recordings

By attending this event, you agree to being filmed, photographed and/or recorded by WNSW PHN and/or our identified event partner(s). Any recorded material may then be used for online, social media, marketing or promotional purposes. If you do not consent to your image(s) or voice being recorded or shared, please email cpd@wnswphn.org.au

# **Terms & Conditions**

- A minimum of 75% of the webinar must be completed to receive an event certificate for self-reporting CPD purposes and/or allocation of eligible RACGP CPD & ACRRM PDP hours
- Email name, role, workplace and mobile number details

# **General Mental Health ECHO**

WNSW PHN, Sydney LHD & Western NSW LHD are continuing our collaboration in offering the General Mental Health ECHO to clinicians working in the WNSW PHN area. Project ECHO can support you in your work with people with mental health conditions through case-based learning. Bring your de-identified cases for advice and support & join our inter-professional community of practice meetings online.

# Panel to include :

Andrew McDonald – A/Clinical Director, Mental Health Services, Dr Scott Clarke - Psychiatrist, Kathleen Smith - Staff Specialist, Psychiatry, Collaborative Centre for Cardiometabolic Health in Psychosis (ccCHiP), Lil Vrklevski - Clinical Psychologist, Simon Tully - Senior Social Worker

# Session Topics Include:

- Lifestyle interventions for depression
- Psychotropics & cardiometabolic effects
- Sleep disorder and mental health
- Diagnosis & intervention for personality disorders in the primary care setting
- Urgent mental health assessment
- Drug & alcohol use in people with enduring mental illness
- Approach to psychotropic medication use in the perinatal setting
- Medical management of eating disorders
  - Autism spectrum disorder
- Identifying & responding to issues of violence, abuse & neglect (VAN) in mental health

### Program

- 7.00pm Welcome, Acknowledgement of Country & Introduction
- 7.05pm Didactic session (presented by panel member)
- 7.20pm Case presentation (presented by participant)
- 7.30pm Discussion & recommendations
- 8.00pm Close

# **Click Here to Register**



### Click Here for Further ECHO Information









