

# Primary Care CPD Online Event Invitation

**phn**  
WESTERN NSW

An Australian Government Initiative

**Date**  
Wednesday May 17 2023

**Time**  
7.00pm to 8.30pm AEST

**Target audience**  
GPs, GP Registrars, & Nurses  
Other health professionals are also  
welcome to attend

**Contact**  
cpd@wnswphn.org.au

## Accreditation

RACGP  
accreditation  
is pending

ACRRM  
accreditation  
is pending

## Format



**Webinar**

## Event Photography, Footage & Recordings

*By attending this event, you agree to being filmed, photographed and/or recorded by WNSW PHN and/or our identified event partner(s). Any recorded material may then be used for online, social media, marketing or promotional purposes. If you do not consent to your image(s) or voice being recorded or shared, please email [cpd@wnswphn.org.au](mailto:cpd@wnswphn.org.au)*

## Terms & Conditions

- A minimum of 75% of the event must be completed to receive an event certificate for self-reporting CPD hours or allocation of eligible RACGP & ACRRM hours
- Email name, role, workplace and mobile number details of all attendees viewing the event on the same device
- Please ensure this event suits your level of interest, experience and qualifications

# Menstruation and Associated Issues in Adolescents with an Intellectual Disability

**Presented By:**  
**Dr Julia Sgarlata**  
General Paediatrician

**Dr Jinny Foo**  
Obstetrician & Paediatric Adolescent Gynaecologist

Paediatrician Dr Julia Sgarlata and Obstetrician & Paediatric Adolescent Gynaecologist Dr Jinny Foo will discuss menstruation and associated issues in adolescents with an intellectual disability, covering carer and adolescent considerations, supportive management and medication choices.

## Program

- 7.00pm** Welcome, Acknowledgement of Country & Introductions
- 7.05pm** Education session
- 8.00pm** Q&A
- 8.30pm** Evaluation & Close

## Learning Outcomes

By the end of this activity, you should be able to:

1. Provide guidance and resources to individuals and carers regarding supportive strategies to manage menstruation and sexual development
2. Describe benefits and limitations of various medication options when managing menstruation
3. Outline the ethical considerations regarding menstruation management in adolescents with intellectual disability

**[REGISTER HERE](#)**

