

# Type 2 Diabetes ECHO Series Invitation



An Australian Government Initiative



## 2023 Dates

February 15

March 1

March 15

March 29

## Day & Time

Wednesdays 7.00pm - 8.00pm DST

## Program

**7.00pm** Welcome, Acknowledgement of Country & Introductions

**7.05pm** Didactic presentation  
(presented by a panel member)

**7.20pm** Case presentation (presented by a participant)

**7.35pm** Discussion & recommendations

**8.00pm** Evaluation and Close

## Format

Zoom Meeting

## Target audience

GPs, Registrars, Nurses, Allied Health Professionals, Aboriginal Health Professionals, Pharmacists and other interested health professionals working within Western/Far West NSW.

## Contact

[echonetwork@wnswphn.org.au](mailto:echonetwork@wnswphn.org.au)

## Accreditation (per session)

RACGP  
Accreditation  
is pending

ACRRM  
Accreditation  
is pending

## Registration

[Click Here](#) to register  
for 2023 sessions



## Terms & Conditions

A minimum of 75% of each session must be completed to receive an event certificate for self-reporting CPD purposes and for eligible participants to receive RACGP points & ACRRM hours. By attending this event you agree to the storage of your personal data and to being recorded during the ECHO sessions. Patient confidentiality must be maintained. An evaluation survey must be completed for each session.

## Event Photography, Footage & Recordings

By attending this event, you agree to being filmed, photographed and/or recorded by WNSW PHN and/or our identified event partner(s). Recorded material may then be used for online, social media, marketing or promotional purposes. If you do not consent to your image(s) or voice being recorded or shared, please email [cpd@wnswphn.org.au](mailto:cpd@wnswphn.org.au)

Join a multidisciplinary panel in an online learning network to share cases and discuss Type 2 Diabetes in adults, covering topics such as optimising medication management, T2DM remission, and low-carb & ketogenic diets for people with T2DM.

## Panel

**Dr Alex Hoyle**

GP

**Dr Martin Watson**

GP

**Dr Madhuri Velagala**

Dietitian & Credentialed Diabetes Educator

**Dr Catherine Stewart**

GP & ECHO Facilitator

## What's Project ECHO all about?

Project ECHO® (Extension for Community Healthcare Outcomes) is a collaborative model of medical education, case discussion and peer learning. GPs and other healthcare professionals are able to access evidence-based, multidisciplinary information for their patients with type 2 diabetes from a panel of experts as well as their peers. Take a look at [this short video on ECHO](#), created by the Children's Hospital Queensland.

## Why participate?

- Increase your skill and competence in patient management
- Acquire CPD hours
- Receive access to multidisciplinary advice for your patients
- Become part of an engaged and supportive community of practice
- GPs presenting a case may be able to claim the MBS Case Conferencing Item No.

## What's involved for participants?

- Ability to attend up to four one-hour Zoom sessions per series
- Willingness to present one brief patient case study during the series
- Provide feedback via short evaluations

## How do I share a case presentation?

[Click Here](#) to Access the  
Case Presentation Form



## Learning Outcomes

- Individualise diabetes management strategies & monitoring based on treatment algorithms and patient-specific factors
- Discuss latest evidence-based lifestyle modifications as an essential part of diabetes management
- Assess and address patient-related factors and barriers to management