## Chronic Disease Support Program





Incorporating Accredited Unit CHCCCS001 and CHCCCS023

The **Chronic Disease Support Program** is a nationally accredited program and is fully funded by the federal Department of Health under the **Chronic Disease Project**.

Date: Wednesday, 6 February 2019

8.45am - approx. 4.30pm

**Venue:** Bathurst PHN - Ochre Health Building

Charles Sturt University Panorama Avenue BATHURST, NSW 2795

**Cost:** No Cost (registration essential - see below)



## Register early as places are limited and will fill quickly. To register - <u>CLICK HERE</u>

The Chronic Disease Support Program is driven by a desire to create better health for clients, reduced hospital admissions, better patient compliance and the provision of care by those best qualified to provide advice.

The Chronic Disease Self Support Program aims to cover key content areas.

- Current health care burden of chronic diseases
- High risk population groups
- Strategies to reduce the impact of chronic disease
- Models of self management
- Motivational interviewing and barriers to behaviour change
- Goal setting and lifestyle issues
- Chronic Disease Self Management planning education, communication and documentation
- Health Care communication frameworks
- Professional, legal and ethical issues to consider
- Resources and support
- Chronic Disease Individualised Self Management Care Plan





The Chronic Disease Support Program has been endorsed by the Australian Primary Health Care Nurses Association (APNA) according to approved quality standards criteria.

Successful completion of this educational activity entitles eligible participants to claim 20 CPD hours.