

# Primary Care CPD Event

## Invitation



## Good bug, bad bug – Exploring the gut microbiome

*The aim of this presentation is to provide a snapshot of the emerging research, interest and clinical application of the gut microbiome and its medical relevance to current practice in Gastroenterology.*

**Presented by:** Dr Margaret Leach, Gastroenterologist

**Date:** 8 August 2019

**Time:** 6.30pm to 8.30pm

**Location:** Lazy River Estate, 29R Old Dubbo Road, Dubbo

**Target Audience:** This is a GP and GP Registrar focussed event, however, Nurses, Pharmacists, Medical Students, Specialists, Allied Health Professionals and other health professionals with an interest in this topic are also welcome to attend

**Program:**

- 6.30pm - Registration/Light Refreshments (*provided*)
- 6.45pm - Welcome
- 6.50pm – Local Service Showcase: Tresillian in Western Family Care Centre
- 7.00pm - Education Presentation & Case Study Discussion
- 8.00pm - Interactive Discussion/Q&A
- 8.30pm - Evaluation and Close

**Learning Outcomes:**

- Comprehend the relationship between humans, their microbes and the environment to better understand the maintenance of health and management of diseases
- Recognise the importance of gut microbiota in colorectal (CRC) cancer prevention and provide lifestyle modification and dietary advice as a compliment to CRC screening
- Define what a prebiotic and probiotic is and appreciate why their use is controversial
- Recognise the external factors affecting the human gut microbiome
- Comprehend the role of Fruit Fecal Microbiota transplant in management of Clostridium Difficile infections and introduce current research pursuits
- Identify diet, lifestyle and external factors which can influence gut microbiome to promote gut health and potentially reduce the incidence of CRC, NASH and IBD

**RSVP Date:** 31 July 2019

**Registration:** <https://www.wnswphn.org.au/events/event-registration?eventid=713>

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*Note: Approval for ACRRM PDP points is pending*

