

# Primary Care CPD Event

## Invitation



## Polypharmacy, Potentially Inappropriate Medications in the Elderly, and Deprescribing

Polypharmacy is often flagged as a concern for elderly people. Is it really a problem? This session will provide an overview of the issues of polypharmacy and potentially inappropriate medications in the elderly, aiming to equip attendees with the skills needed to identify medications which may be causing more harm than good in elderly patients. Developing a rational and safe approach to deprescribing will be discussed, as well as some of the pitfalls and safety issues involved.

### Learning Outcomes

- Recognize situations in which prescription of potentially inappropriate medications commonly arise
- Identify medications which may be causing more harm than good in an older patient
- Identify medications which may be of minimal meaningful benefit in an older patient
- Develop a rational approach to deprescribing, including consideration of the risks of ceasing certain medications
- Discuss deprescribing confidently with patients and their family members

**Presented by:** Dr Phillip Butler | Staff Specialist Physician and Geriatrician | WNSWLHD

**Date:** Wednesday 3<sup>rd</sup> July 2019

**Time:** 6.15pm to 8.30pm with refreshments provided on arrival

**Location:** BATHURST – PHN Conference Room, Ochre Health Building CSU Campus Bathurst

**Target Audience:** GPs and Registrars, Nurses, Psychologists and Allied Health Professionals and any interested health care provider.

**RSVP Date:** 28<sup>th</sup> June 2019

**Online Registration:** <https://www.wnswphn.org.au/events/event-registration?eventid=666>

**Further information:** Katie Prior t 6813 0933 e [katie.prior@wnswphn.org.au](mailto:katie.prior@wnswphn.org.au) w [www.wnswphn.org.au](http://www.wnswphn.org.au)

