

# JUMBUNNA SESSIONS

Supporting Aboriginal Maternal,  
Child and Family Health

## EARLY LIFE: SHAPING CHILDREN'S BRAIN DEVELOPMENT

**1-2PM (AEST), WEDNESDAY 30 OCTOBER 2019**

Introducing the first in our four part webcast series of Jumbunna Sessions focusing on social, emotional health and wellbeing for Aboriginal children, families and communities, underpinned by NSW Health's First 2000 Days Framework.

Early life experiences and the environment in which children live, grow and play have the potential to influence their developmental health and later health and disease outcomes.

Babies aren't a 'clean slate' at birth; their epigenomes and brains are highly responsive to the world around them, shaped by genetics, in-utero experiences, care from their parents, and their families worlds.

These influences on early brain development are important, impacting on a child's physical, cognitive, emotional, social and physical health and wellbeing throughout their lives.

Join our panel discussion as we explore early brain development, and culturally sensitive approaches to support and promote infant and early childhood developmental outcomes.

### PANEL MEMBERS

- **Vicki Laing**  
CNS GP Community Liaison Nurse, Northern Sydney LHD, Child Youth and Family Health Service
- **Megan Bell**  
Aboriginal Liaison Officer, Aboriginal Health Service, Northern Sydney LHD
- **Jenny McDonald**  
CNC Quality and Data, Northern Sydney LHD, Child Youth and Family Health Service

Other speakers to be announced.

### WHO SHOULD REGISTER?

The Jumbunna Sessions are for people working with Aboriginal families and communities, or are interested in learning more about supporting positive health outcomes for our Aboriginal communities.

### LEARNING OUTCOMES

- Describe the vital importance of early brain development
- Discuss the influences of early life experiences on developmental health
- Develop culturally sensitive approaches to support and promote infant developmental outcomes

### WHEN & WHERE?

1-2pm (AEST), Wednesday 30 October 2019

Join us from anywhere! No fees, no travel.

Our Jumbunna Sessions are delivered via webcast with facilitated question and answer time.

### REGISTRATION

<https://jumbunna-sessions-early-life.eventbrite.com.au>

### CONTACT

Register your interest and be kept up to date with Jumbunna Sessions, contact us on:

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**MORE INFORMATION**  
[heti.nsw.gov.au/tsu](http://heti.nsw.gov.au/tsu)



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