

REQUEST FOR EXPRESSION OF INTEREST

Art/ Play/ Music Therapies

16/03/2023

The Western NSW Primary Health Network (WNSW PHN) is seeking suitably qualified and experienced clinicians to provide either therapy in the form of Art, music and / or play in the following locations:

- Orange
- Bathurst
- Cowra
- Dubbo
- Parkes / Forbes
- Broken Hill
- Eugowra

Service Requirement

Expressive therapists use visual art-making, drama, dance and movement to improve physical, mental and emotional well-being. They work with individuals or groups using arts processes such as painting to create meaning, rather than focussing on product. It has been evidentially proven that this type of therapy can be helpful for people who cannot verbalise their feelings due to developmental, cognitive, or other conditions.

Art / Play / Music therapy is a form of psychotherapy that is used to improve and enhance the physical, mental, emotional, and spiritual well-being of participants. This form of therapy is an important part of comprehensive treatment programmes which allows individuals to express themselves, let off steam and be creative. WNSW PHN want to support people to explore new ways to relieve stress and cope with difficult emotions. Our programme will be designed to address service gaps in particular geographical areas and population groups and is designed to complement already existing services.

Importantly, we will be attempting to select service providers who have the necessary qualifications and experience to provide the required services.

We are looking for both art/ play and/or music therapists to provide either 1) regular individualised sessions or 2) regular group sessions to the following vulnerable populations;



1) New and expecting mothers

The aim is to utilise this therapeutic approach to alleviate both anxiety and depression surrounding the three phases of childbirth for women. Art / Play and/or Music therapy directives can be used to alleviate stress and help mothers process a new stage of life, while postnatally helping to connect with their new baby.

2) Indigenous Specific

WNSW PHN is wanting to recruit a specialised therapist art / play / music therapist who will engage clients (both children and adults) in creative therapies to address their trauma, using expressive arts therapy as a way of addressing trauma experienced by Indigenous peoples and their communities.

3) People assessed with addiction

We are seeking to recruit an art / play / music therapist who will engage clients with addictions. These innovative expressive therapies aid people to engage in a model that is creative, supportive to process emotions and enhance their recovery.

To be eligible you must possess the following:

- Must have valid and up-to-date relevant degree, masters or equivalent, i.e. Bachelors of Art Therapy
- Professional membership of Australian, New Zealand and Asian Creative Arts Therapies Association (ANZACAT)
- **2+ Years' experience delivering any expressive therapy to clients.**
- Must have professional indemnity insurance.
- Must undergo relevant criminal record check and working with children checks.
- Must be willing to travel to rural and remote locations.
- provide own therapeutic art supplies and be willing to work with consumers who may be low – medium risk.
- Find and supply own venues within Western NSW area for sessions.

Applicants must complete the Application within Tenderlink to address the full criteria.





An Australian Government Initiative

Submitting an expression of interest letter **does not** mean that you are automatically selected as a contractor for WNSW PHN. All candidates will need to undergo a selection process before they are appointed.

The next step in this process is to complete the Expression of Interest through Tenderlink and provide a certified copy of your registration certificate and professional indemnity insurance.

How to apply

To submit an EOI, [click here](#) to register on our Tenderlink. The EOI will be uploaded on Friday 17 March 2023.

Applications close Thursday 6 April 2023 at 5pm and only applications made on Tenderlink will be considered.

For more information, contact:

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