

# INTERPROFESSIONAL SEMINAR SERIES

## Supporting Asthma Education in Rural and Remote Areas

### BASIC ASTHMA MANAGEMENT UPDATE

Introducing the first in our three part webcast series of the Interprofessional Sessions focusing on Asthma.

The seminar will explore practical strategies and evidence-based approaches to care, and is relevant to a wide range of health professionals with a focus on Managing Asthma.

Rural clinicians and students are invited to this Interprofessional Seminar series designed to increase the competence and confidence of rural health care providers studying or working in all types of Health services.

Asthma is a complex condition that impacts everyone differently. Some people develop asthma as a child, others as adults. Some people have symptoms often, some only for a shorter period.

When you understand how asthma affects you – or someone you care for – then you can take control. Most of the time, asthma can be managed so you can breathe freely and live your life fully.

### SEMINAR OVERVIEW

This asthma education seminar will be delivered via webcast online technology.

Topics covered in this first seminar:

- Asthma overview
- Diagnostic principles
- Management principles
- Device use - practical demonstration
- Asthma action plans
- Medications

### WHO IS THIS SEMINAR FOR?

This seminar is for those with an interest in Asthma Education in rural and remote settings, including:

- Rural Generalists and GPs
- Registered nurses
- Aboriginal health educators
- Allied Health providers
- Rural-based students undertaking health related courses, and
- Other rural-based medical staff

### GUEST SPEAKER

The presenter is Marg Gordon, RN, Asthma and Respiratory Educator & Program Manager with National Asthma Council Australia.

Marg is a Registered Nurse with 15 years' experience specialising in asthma and respiratory management, operating nurse led respiratory clinics in two general practices in Melbourne. This role allows Marg to work closely with GPs to provide evidence based, best practice asthma management in the community.

### LEARNING OUTCOMES

- Increase knowledge and awareness of current, evidence-based best practice in asthma management
- Increase knowledge of asthma medications, including practical skill in correct device use
- Improve knowledge about asthma control and ways to improve asthma control
- Increase understanding of asthma action plans and asthma first aid principles

### WHEN & WHERE?

1.00 - 2.00pm (AEST)

Thursday 12 December 2019

Join us from anywhere! No fees, no travel. Delivered via webcast with facilitated question and answer time.

### REGISTER NOW

<https://www.eventbrite.com.au/e/supporting-asthma-education-in-rural-remote-areas-tickets-76837963417>

### ENQUIRIES

Register your interest and be kept up to date:

Brenda Holt  
0417 833 917  
[brenda.holt@health.nsw.gov.au](mailto:brenda.holt@health.nsw.gov.au)