

Dubbo Health Service

Palliative Care Specialist Service

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| Referral framework description  **All referrals are to include clinical history information.**  **During normal working hours, contact Palliative Care Nurse to discuss any referrals.** | **Send referral to…**  **Dubbo -** Send referral via Argus to  [WNSWLHD-ccdubpallcare@health.nsw.gov.au](mailto:WNSWLHD-ccdubpallcare@health.nsw.gov.au)  **Fax referral** **02 6809 7282** |

**Name of clinical condition / presentation**

* Provide recommendations and support(including plan of care) to health care professionals
* Assist and support advance care planning discussions and activities with patients and their families
* Liaise with metropolitan palliative care teams, when required, to assist in addressing complex patient’s care needs
* Provide education and training for health care professionals on palliative care to maintain and increase competency and confidence in patient, aged care and community settings.

**Indications for specialist referral**

* Advanced progressive disease where symptoms aren’t being managed by a GP
* Pain and symptom control
* End of Life
* Care and Planning
* Authorised Adult Palliative Care Ambulance Plan
* Advance Care Plan

**Referral information required**

* Name
* DOB
* Diagnosis
* Clinical History
* NOK
* Discharge Summary
* Advance Care Directive
* NSW Ambulance plans

**Initial management**

* Relief from pain and other distressing symptoms
* Psychological and spiritual care
* Support to help people to live as actively as possible
* Assistance for families coping with illness, death and bereavement
* Enhancement, as far as possible, of quality of life

**Please send referral to**

Palliative Care Services, Dubbo Base Hospital

Fax: 02 6809 7282

**‘Red Flag’ items**

* Pain and symptoms crisis
* End of Life planning
* Equipment provision
* Social support

**How to access care in the event of a ‘red flag’**

* Phone 02 6809 6584, fax or present to Dubbo Base Emergency Department

**Other information**

Palliative Care Advice Service for after-hours support

1800 316 593

The Unit work in conjunction with Lourdes Hospital and Palliative Care Team in Community