

DIDJA KNOW? Simple steps for hand hygiene.



- After coughing and sneezing
- When caring for the sick
- Before, during and after you prepare food
- Before eating
- After using the toilet
- After handling animals
- When your hands are visibly dirty

Coronavirus Important Contact Information

National Health Direct Line: 1800 020 080

Follow the Western NSW Local Health District Facebook Page or go to our website: [wnswlhd.health.nsw.gov.au](https://www.wnswlhd.health.nsw.gov.au)

Western NSW Covid-19 Call Centre by contacting your local hospital and pressing 0 for the Covid-19 Call Centre -
Operating 8am to 5pm Monday to Friday