



Time 2 Talk

Relationships Australia NSW

Introducing Time 2 Talk a free telephone support service helping people navigate COVID19 challenges with a focus on social connection including couples, family, friends and household members. It's Time 2 Talk.

The 'Time 2 Talk' service is staffed by a team of qualified relationship counsellors and social workers, established to assist members of the NSW community who have been impacted by the restrictions imposed by state and federal Governments on travel, contact with significant others and management of social distancing.

Our 'no wrong door' approach means that we will offer support and information to any person or family member who seeks assistance. Each call will provide support, engagement, exploration of the issues,

and an option generating approach which may also include triage and referral where appropriate.

This will be offered as a FREE service of RANSW at a time when the community need extra support and understanding, and many are facing unemployment, lack of physical connection with loved ones, and potential health crises.

For more information please visit:

www.relationshipsnsw.org.au/support-services/time-2-talk/

Call: 1300 022 966