

Referral framework

All referrals are to include clinical history information.

During normal working hours, contact Palliative Care Nurse to discuss any referrals.

Send referral to...

Dubbo - Send referral via Argus to

WNSWLHD-DUBPalcare@health.nsw.gov.au
or

Fax referral 6809 7282

Name of clinical condition / presentation

- Provide recommendations and support (including plan of care) to health care professionals
- Assist and support advance care planning discussions and activities with patients and their families
- Liaise with metropolitan palliative care teams, when required, to assist in addressing complex patient's care needs
- Provide education and training for health care professionals on palliative care to maintain and increase competency and confidence in patient, aged care and community settings.

Indications for specialist referral

- Advanced progressive disease where symptoms aren't being managed by a GP
- Pain and symptom control
- End of Life
- Care and Planning
- Authorised Adult Palliative Care Ambulance Plan
- Advance Care Plan

Referral information required

- Name
- DOB
- Diagnosis
- Clinical History
- NOK
- Discharge Summary
- Advance Care Directive
- NSW Ambulance plans

Initial management

- Relief from pain and other distressing symptoms
- Psychological and spiritual care
- Support to help people to live as actively as possible
- Assistance for families coping with illness, death and bereavement
- Enhancement, as far as possible, of quality of life

Please send referral to

Palliative Care Services, Dubbo Base Hospital
Fax: 02 6809 7282

'Red Flag' items

- Pain and symptoms crisis
- End of Life planning
- Equipment provision
- Social support



How to access care in the event of a 'red flag'

- Phone 02 6809 6584, fax or present to Dubbo Base Emergency Department

Other information

Palliative Care Advice Service for after-hours support:
1800 315 593
NSW Health Palliative Care After-Hours Helpline:
1800 548 225
The Unit works in conjunction with Lourdes Hospital and Palliative Care Team in Community