

Referral framework

Referral information to Diabetes Educator, Endocrinologist, High Risk Foot Clinic, Dietitian

During normal working hours, contact can be referred to Diabetes Unit 6809 6250

Send referral to...

Dubbo - Send referral via Argus to wnewlhd-ccdubdiab@health.nsw.gov.au or

Fax referral to (02) 6884 5389

Name of clinical condition / presentation

- Gestational Diabetes potentially requiring Insulin
- Type 1/ Type 2 Diabetes pregnant
- Type 1 Diabetes
- Frequent Hypoglycaemia – Any HbA1c
- RMS Assessment
 - If HbA1c > 9% or on insulin, face to face is preferred
 - If on oral Diabetes medication and HbA1c < 9%, telehealth appointment may be offered
 - Those on METFORMIN ONLY require ONE initial endocrinologist assessment (can be by telehealth). **NO further endocrinologist RMS assessments will be booked unless patient starts on a second diabetes medication**
- HbA1c > 9% (86mmol/mol) in Type 2 diabetes

Indications for specialist referral

- HbA1c > 8% or < 8% with frequent hypos
- Patient with recent treatment for diabetic ketoacidosis/non-ketotic hyperosmolar hyperglycaemia
- Pre-existing diabetes planning pregnancy
- Patients with rapidly progressing diabetic complications
- Increased ACR despite treatment with ACEi or ARB
- New diagnosed Type 1 Diabetes
- Patient on insulin pump
- All Children with Type 1 or Type 2 Diabetes

Indications for Diabetes Education scope of Practice Monday -Friday

- Newly diagnosed Type 1, Type 2, Gestational diabetes or pre-diabetes (adults and children)
- HbA1c > 7% or HbA2c < 7% with frequent hypos
- Pre-existing diabetes planning pregnancy

Continued

- Patient commencing insulin
- Patient with recent treatment for diabetic ketoacidosis/non ketotic hyperosmolar hyperglycaemia
- Patient with recent severe hypoglycaemia
- Patient with insulin pump
- Patient with diabetes who has not been reviewed by Diabetes Educator in last 12 months
- Indigenous Outreach clinic and Indigenous Chronic Care & Support Group

Indications for High Risk Foot Clinic scope of practice 1 day per week

- Patient with Diabetes and active foot ulcer

Referral information required

Note on the top of your referral when;

- Relates to Roads & Maritime Services (RTA); this referral can be fast tracked
- Patients identified as Aboriginal; Aboriginal Diabetes Educator will be arranged

Investigations required

- Current pathology including albumin/creatinine ratio, FLT, UEC and FBC
- Weight, height and BMI
- Three patient identifiers on every page – front and back

Other information

Patients are prioritised according to urgency

It is recommended that all patients with Diabetes have yearly complications screening, which includes vision, retinas and peripheral nerve function.