

Referral framework

All referral will be assessed by a renal physician within 14 days.

During normal working hours, our renal physicians are happy to discuss any referrals.

Send referral to...

Broken Hill Outpatient Service

FWLHD-OutpatientServices@health.nsw.gov.au

Fax referral to 08 8087 3689

Name of clinical condition / presentation

- Renal Disease
- Chronic Kidney Disease

Indications for specialist referral

- Stage 4 and 5 CKD (eGFR Less than 30mL/min/1.73m²)
- Persistent significant albuminuria (PCR greater than or equal to 30mg/mmol)
- Sustained decrease in GFR of greater than or equal to 25% OR greater than or equal to 15mL/min/1.73m² within 12 months
- CKD and hypertension that is hard to get to target despite at least 3 anti-hypertensives
- Any patient with rapidly declining eGFR and/or signs of acute nephritis (oliguria, haematuria, acute hypertension +/-oedema) should be referred without delay

Referral information required

- Name and date of birth
- Past medical history and list of medications
- Family history of kidney disease or other risk factors

Investigations required

- Current blood and haematology
- Historical blood and haematology (to assess level of progression to allow for accurate triage)

- Urine PCR and urine microscopy for red cell morphology and casts
- Current and historical blood pressure
- Urinary tract ultrasound
- If albuminuria, 24-hour urinary protein
- If anaemia, iron studies and FOBT x 3 (+/- referral to gastroenterologist)

Initial management

- Optimise blood pressure and blood glucose control

'Red Flag' items

- Sudden deterioration in renal function
- Proteinuria with haematuria



How to access care in the event of a 'red flag'

- Contact BHBH via switchboard and have your call transferred to the visiting Renal Physician

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Other Information