# Ask the question

**'Are you up to date with your flu and COVID-19 vaccinations?'**

The best time to administer a vaccination is here and now.

If they can't do it now, offer to book an appointment.

Recommendation by a GP or health professional increases the likelihood of getting a COVID-19 vaccine by more than 60%.[1]

It is safe to administer influenza and COVID-19 vaccinations at the same time.

[1]https://www.abs.gov.au/statistics/people/people-and-communities/household-impacts-covid-19-survey/dec-2020

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