

1. (a) **Planned activities for 2019-20 to 2021-22**
  - **Primary Mental Health and Suicide Prevention Funding**
  - **Indigenous Mental Health Funding**
  - **Response to PFAS Funding**

Proposed Activities			
Mental Health Priority Area	Priority area 1: Low intensity mental health services		
ACTIVITY TITLE	MH1 (1.1) Low intensity coaching (New Access)		
Existing, Modified, or New Activity	Existing Activity Previous activity work plan reference 1.2		
PHN Program Key Priority Area	Mental Health		
Needs Assessment Priority	WNSW PHN HNA 2019-22		
	Priority	Identified need	Page
	Service Access	Access to mental health professionals and services	93
	Service Access	Stepped Care Model	101
	Health Workforce	Mental Health workforce	104
	Mental Health and services	Mental Health services that are culturally safe, locally available and affordable	120
Aim of Activity	Increase access to the range of appropriate low intensity mental health coaching services across the WNSW PHN region.		
Description of Activity	<p>The activity will first build local capability and capacity by engaging and training a pool of local mental health coaches in Low Intensity Cognitive Behavioural Therapy and the New Access model.</p> <p>The service will provide access to the people within WNSW PHN region with access to free face-to-face, telephone or online support lead by trained coaches.</p> <p>The promotion of the new service will be managed across a variety of mediums, including: GPs, community health centres.</p> <p>This program will initially be trialled as an addition to existing Psychological Therapies Program (Priority Area 3) with ongoing monitoring and evaluation undertaken to assess the effectiveness of the service.</p> <p>Services will be delivered in a culturally safe way to increase accessibility for Aboriginal and Torres Strait Islander People.</p>		
Target population cohort	Consumers with low to medium intensity mental health issues		
Indigenous specific	No		
Coverage	The whole of WNSW PHN region		
Consultation	Stakeholders and consumers will be engaged during the trial of this activity.		

Collaboration	This is provided by the existing Psychological Therapies service provider and involves collaboration with Beyond Blue and General Practitioners.
Activity milestone details/ Duration	Provide the anticipated activity start and completion dates ( <b>including</b> the planning and procurement cycle): Activity start date: 1/07/2019 Activity end date: 30/06/2022 <b>If applicable</b> , provide anticipated service delivery start and completion dates ( <b>excluding</b> the planning and procurement cycle): Service delivery start date: July 2019 Service delivery end date: June 2022 No other relevant milestones.
Commissioning method and approach to market	1. Please identify your intended procurement approach for commissioning services under this activity: <input type="checkbox"/> Not yet known <input checked="" type="checkbox"/> Continuing service provider / contract extension <input type="checkbox"/> Direct engagement <input type="checkbox"/> Open tender <input type="checkbox"/> Expression of Interest (EOI) <input type="checkbox"/> Other approach (please provide details) 2a. Is this activity being co-designed? No 2b. Is this activity this result of a previous co-design process? Yes 3a. Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? No 3b. Has this activity previously been co-commissioned or joint-commissioned? No
Decommissioning	No
Data collection	Mental Health National Minimum Dataset - Yes
Total Planned Expenditure	

Proposed Activities			
Mental Health Priority Area	Priority area 2: Child and youth mental health services		
ACTIVITY TITLE	MH2 (2.1) headspace services		
Existing, Modified, or New Activity	Existing Activity Previous activity workplan reference 2.1		
PHN Program Key Priority Area	Mental Health		
Needs Assessment Priority	WNSW PHN HNA 2019-22		
	Priority	Identified need	Page
	Service Access	Access to mental health professionals and services	93
	Service Access	Child and Adolescent mental health services	99-100
	Service Access	Stepped Care Model	101
Health Workforce	Mental Health workforce	104	

Aim of Activity	Increase access to a range of appropriate youth mental health services for young people through headspace centres
Description of Activity	Core headspace activity will be maintained in 2019/20 through the centres at Bathurst, Orange, Dubbo and Broken Hill. WNSW PHN will work with the centres to improve sector integration and incorporate headspace services into a stepped care model of youth mental health services for the region.
Target population cohort	Young people aged 12-25 in those centres and surrounding communities.
Indigenous specific	No
Coverage	Headspace centres provide services from the towns of Bathurst, Orange, Dubbo and Broken Hill, however access is not limited to the residents of these communities
Consultation	Consultation will continue with a range of youth focussed services to ensure that headspace services are integrated with other youth services in the community.
Collaboration	Key stakeholders will be LHD and NGO provided clinical services, including Child and Adolescent Mental Health Services (CAMHS), Like Minds and community mental health. This collaboration will focus on improving referral pathways and integrated service delivery.
Activity milestone details/ Duration	Provide the anticipated activity start and completion dates <b>(including the planning and procurement cycle)</b> : Activity start date: 1/07/2019 Activity end date: 30/06/2022  <b>If applicable</b> , provide anticipated service delivery start and completion dates <b>(excluding the planning and procurement cycle)</b> : Service delivery start date: July 2019 Service delivery end date: June 2022 No other relevant milestones.
Commissioning method and approach to market	1. Please identify your intended procurement approach for commissioning services under this activity: <input type="checkbox"/> Not yet known <input checked="" type="checkbox"/> Continuing service provider / contract extension <input type="checkbox"/> Direct engagement <input type="checkbox"/> Open tender <input type="checkbox"/> Expression of Interest (EOI) <input type="checkbox"/> Other approach (please provide details) 2a. Is this activity being co-designed? No 2b. Is this activity this result of a previous co-design process? No 3a. Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? No 3b. Has this activity previously been co-commissioned or joint-commissioned? No
Decommissioning	No
Data collection	Mental Health National Minimum Dataset - Yes
Total Planned Expenditure	

Proposed Activities																			
Mental Health Priority Area	Priority area 2: Child and youth mental health services																		
ACTIVITY TITLE	MH2 (2.2) Rural Youth Mental Health Strategy																		
Existing, Modified, or New Activity	Existing Activity Previous activity workplan reference 2.2																		
PHN Program Key Priority Area	Mental Health																		
Needs Assessment Priority	WNSW PHN HNA 2019-22																		
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Aim of Activity	Increase access to a range of appropriate youth mental health services for young people through rural youth mental health services.																		
Description of Activity	<p>WNSW PHN will continue to commission the following three activities:</p> <ol style="list-style-type: none"> <li><b>Rural Youth Mental Health Service (RYMHS).</b> RYMHS will combine clinical services, assertive outreach/engagement and case management. RYMHS will target young people aged 12-25, who are not currently accessing services or experience service access barriers. RYMHS will be targeted at the specific geographic communities of: <ul style="list-style-type: none"> <li>Sub Region 1: Parkes, Forbes, Condobolin, and Cowra</li> <li>Sub-Region 2: Coonabarabran, Coonamble, Walgett and Gilgandra</li> <li>Sub-Region 3: Cobar, Nyngan and Narromine</li> </ul> </li> <li><b>Psychiatry Consultation and Liaison Service.</b> The service will provide psychiatry consultation, liaison and assessment to General Practitioners throughout the WNSW PHN region.</li> <li><b>Grief, Loss and Trauma Interventions for Children and Young People</b> The service will have 3 components. <ul style="list-style-type: none"> <li>Deliver specialised individual and group counselling for children and young people aged 10-18 years of age.</li> <li>Provide training and consultancy to local services working with, or in contact with, the target group. This is a region wide activity.</li> <li>Provide education and information sessions to schools. This is a region wide activity.</li> </ul> </li> </ol> <p>Services will be delivered in a culturally safe way to increase accessibility for Aboriginal and Torres Strait Islander People.</p>																		
Target population cohort	Children and young people (up to 25yo) in remote and hard to reach localities. Young people in remote communities who require support in relation to grief and trauma.																		
Indigenous specific	No																		
Coverage	This is a whole of WNSW PHN region activity. Although remoteness is more prevalent in the west, there are many small rural communities that experience barriers to access across all areas of the region.																		

	<p><b>Component 1:</b></p> <ul style="list-style-type: none"> <li>• Sub Region 1: Parkes, Forbes, Condobolin, and Cowra</li> <li>• Sub-Region 2: Coonabarabran, Coonamble, Walgett and Gilgandra</li> <li>• Sub-Region 3: Cobar, Nyngan and Narromine</li> </ul> <p><b>Component 2:</b> Whole PHN region</p> <p><b>Component 3:</b> Whole PHN region</p>
Consultation	WNSW PHN will continue to consult and engage with local service providers that focus on youth mental health and grief and trauma service for youth.
Collaboration	<p><b>Component 1:</b> The model is built around the need for the service to be fully integrated with existing services and supports (e.g., LHDs, headspace centres, psychological services, TAFE, schools) and is underpinned by a focus on strategies that embed integration.</p> <p><b>Component 2:</b> The PHN has co-commissioned this service in partnership with at least five other PHN partners in NSW (Hunter New England Central Coast, South Eastern NSW, Central and Eastern Sydney, Sydney North and Murrumbidgee). This service is available to all GPs in WNSW PHN.</p> <p><b>Component 3:</b> Service providers will be expected to collaborate closely with local schools to provide education, information and support. WNSW PHN expects these collaborative activities to enhance the capability of mainstream providers and the schooling system</p>
Activity milestone details/ Duration	<p>Provide the anticipated activity start and completion dates <b>(including the planning and procurement cycle):</b></p> <p>Activity start date: 1/07/2019 Activity end date: 30/06/2022</p> <p><b>If applicable</b>, provide anticipated service delivery start and completion dates <b>(excluding the planning and procurement cycle):</b></p> <p>Service delivery start date: July 2019 Service delivery end date: June 2022</p> <p>No other relevant milestones.</p>
Commissioning method and approach to market	<p>1. Please identify your intended procurement approach for commissioning services under this activity:</p> <p><input type="checkbox"/> Not yet known <input checked="" type="checkbox"/> Continuing service provider / contract extension <input type="checkbox"/> Direct engagement <input type="checkbox"/> Open tender <input type="checkbox"/> Expression of Interest (EOI) <input type="checkbox"/> Other approach</p> <p>2a. Is this activity being co-designed? No 2b. Is this activity this result of a previous co-design process? No 3a. Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? Yes Component 2 will be an activity co-commissioned in partnership with five other PHNs. 3b. Has this activity previously been co-commissioned or joint-commissioned? Yes Only Component 2.</p>
Decommissioning	No
Data collection	Mental Health National Minimum Dataset - Yes for Rural Youth Mental Health Service (RYMHS). Psychiatry Consultation and Liaison Service and Grief, Loss and Trauma Interventions services collect other data.

Proposed Activities																
Mental Health Priority Area	Priority area 3: Psychological therapies for rural and remote, under-serviced and / or hard to reach groups															
ACTIVITY TITLE	MH3 (3.1) Psychological therapy services for under-serviced groups															
Existing, Modified, or New Activity	Existing Activity Previous activity workplan reference 3.1															
PHN Program Key Priority Area	Mental Health															
Needs Assessment Priority	WNSW PHN HNA 2019-22															
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	Service Access	Stepped Care Model	101													
Health Workforce	Mental Health workforce	104														
Mental Health and services	Mental Health services that are culturally safe, locally available and affordable	120														
Aim of Activity	Increase access to appropriate psychological therapies for underserved groups															
Description of Activity	This activity will result in the provision of evidence based, short term psychological interventions to people with a diagnosable mild, moderate, or in some cases severe mental illness, or to people who have attempted, or are at risk of, suicide or self-harm where access to other services is not appropriate. The service will be responsive to the unique challenges and needs of the rural and remote communities within the WNSW PHN region and allow for flexible models of service delivery include but not limited to telephone or video consultation. Services will be delivered in a culturally safe way to increase accessibility for Aboriginal and Torres Strait Islander People. The activity will include monitoring and evaluation of the service delivery.															
Target population cohort	People in rural and remote communities who require access to psychological and other allied health supports to manage their mental health.															
Indigenous specific	No															
Coverage	Whole PHN region															
Consultation	Consultation will occur through WNSW PHN Community, Clinical and Aboriginal Health Councils, funded service providers and local general practices.															
Collaboration	Western NSW and Far West Local Health Districts, and other rural and remote service organisations will be involved in supporting this activity.															
Activity milestone details/ Duration	Provide the anticipated activity start and completion dates ( <b>including</b> the planning and procurement cycle): Activity start date: 1/07/2019 Activity end date: 30/06/2022 <b>If applicable</b> , provide anticipated service delivery start and completion dates ( <b>excluding</b> the planning and procurement cycle): Service delivery start date: July 2019 Service delivery end date: June 2022 No other relevant milestones.															
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Decommissioning	No
Data collection	Mental Health National Minimum Dataset - Yes
Total Planned Expenditure	

Proposed Activities													
Mental Health Priority Area	Priority area 3: Psychological therapies for rural and remote, under-serviced and / or hard to reach groups												
ACTIVITY TITLE	<i>MH3 (3.2) Psychological therapy services for Residential Aged Care</i>												
Existing, Modified, or New Activity	Existing Activity Previous activity workplan reference 3.2												
PHN Program Key Priority Area	Mental Health												
Needs Assessment Priority	WNSW PHN HNA 2019-22												
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Service Access	Stepped Care Model	101											
Health Workforce	Mental Health workforce	104											
Aim of Activity	Increase access to appropriate psychological therapies for people living in Residential Aged Care Facilities												
Description of Activity	<p>WNSW PHN will implement two activity components to improve access in residential aged care facilities (RACF) to psychological therapies:</p> <p><b>Component 1:</b> Work with existing commissioned provider of psychological therapies in WNSW to increase capacity and begin providing services directly to residents in RACFs requiring psychological therapies. This will be delivered in this initial period to between 3-6 RACFs, so that service delivery dynamics can be understood and inform Component 2.</p> <p><b>Component 2:</b> Establish a collaborative co-design process to plan and develop ongoing solutions for providing psychological therapies in RACFs.</p>												
Target population cohort	Residents of Residential Aged Care Facilities diagnosed with or at high risk of experience mild to moderate Mental Illness requiring psychological therapies.												
Indigenous specific	No												
Coverage	<p><b>Component 1:</b> This will initially be provided in 3-6 sites (RACFs)</p> <p><b>Component 2:</b> This is a whole of WNSW PHN region activity.</p>												



Consultation	<p><b>Component 1:</b> will be delivered in consultation with the service provider and the identified RACFs included in the initial period.</p> <p><b>Component 2:</b> Consultation will occur through a collaborative codesign process with a range of stakeholders, including service providers, GPs, RACFs, consumers and carers.</p>
Collaboration	<p><b>Component 2:</b> Consultation will occur through a collaborative codesign process with a range of stakeholders, including service providers, GPs, RACFs, consumers and carers, or other relevant support services.</p>
Activity milestone details/ Duration	<p>Provide the anticipated activity start and completion dates (<b>including</b> the planning and procurement cycle):</p> <p>Activity start date: 1/01/2019 Activity end date: 30/06/2022</p> <p><b>If applicable</b>, provide anticipated service delivery start and completion dates (<b>excluding</b> the planning and procurement cycle):</p> <p>Service delivery start date: July 2019 Service delivery end date: June 2022</p> <p>No other relevant milestones.</p>
Commissioning method and approach to market	<p>1. Please identify your intended procurement approach for commissioning services under this activity:</p> <p><input checked="" type="checkbox"/> Not yet known <input checked="" type="checkbox"/> Continuing service provider / contract extension <input type="checkbox"/> Direct engagement. <input type="checkbox"/> Open tender <input type="checkbox"/> Expression of Interest (EOI) <input type="checkbox"/> Other approach (please provide details)</p> <p><b>Component 1:</b> Variation to existing contract with commissioned service provider <b>Component 2:</b> Select tender (agency or consultant) or WNSW PHN recruitment.</p> <p>2a. Is this activity being co-designed? Yes 2b. Is this activity this result of a previous co-design process? No 3a. Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? Yes 3b. Has this activity previously been co-commissioned or joint-commissioned? No</p>
Decommissioning	No
Data collection	Mental Health National Minimum Dataset - Yes

Proposed Activities	
Mental Health Priority Area	Priority area 4: Mental health services for people with severe and complex mental illness including care packages.
ACTIVITY TITLE	MH4 (4.1) MHNIP Services
Existing, Modified, or New Activity	Existing Activity Previous activity workplan reference 4.1
PHN Program Key Priority Area	Mental Health



Needs Assessment Priority	WNSW PHN HNA 2019-22		
	Priority	Identified need	Page
	Service Access	Access to mental health professionals and services	93
	Service Access	Primary mental health care	98
	Service Access	Chronic mental health	100
	Health Workforce	Mental Health workforce	104
	Mental Health and services	Mental Health services that are culturally safe, locally available and affordable	120
Aim of Activity	Increase access to appropriate services for severe and complex mental illness, including the provision of mental health nursing services.		
Description of Activity	<p>To provide timely access to MHNIP services across our region. This is achieved through two delivery models:</p> <ol style="list-style-type: none"> <li>1. A placed-based model where MHNIP services are provided in general practices in three densely populated towns within the Eastern part of the WNSW PHN region (Orange, Bathurst, Cowra).</li> <li>2. A rural and remote approach based on the WNSW PHN hub model, with service coverage being provided with a two-hour radius from, Dubbo, Cobar, Broken Hill, Bourke and Walgett.</li> </ol> <p>These services will be provided in a culturally safe way to increase accessibility for Aboriginal and Torres Strait Islander People.</p>		
Target population cohort	People with severe and complex mental illness		
Indigenous specific	No		
Coverage	Apart from the existing placed-based MHNIP services in Bathurst, Orange, and Cowra, coverage for the program will be based on the WNSW PHN Hub model, i.e. these services provide coverage for a two-hour radius from, Dubbo, Cobar, Broken Hill, Bourke and Walgett.		
Consultation	Consultation will occur through WNSW PHN Community, Clinical and Aboriginal Health Councils to assess uptake and accessibility of the services.		
Collaboration	Delivery and future development of this program will be done in collaboration with current service providers, clinicians and consumers in the region.		
Activity milestone details/ Duration	<p>Provide the anticipated activity start and completion dates (<b>including</b> the planning and procurement cycle):</p> <p>Activity start date: 1/07/2019</p> <p>Activity end date: 30/06/2022</p> <p><b>If applicable</b>, provide anticipated service delivery start and completion dates (<b>excluding</b> the planning and procurement cycle):</p> <p>Service delivery start date: July 2019</p> <p>Service delivery end date: June 2022</p> <p>No other relevant milestones.</p>		
Commissioning method and approach to market	<p>1. Please identify your intended procurement approach for commissioning services under this activity:</p> <p><input type="checkbox"/> Not yet known</p> <p><input checked="" type="checkbox"/> Continuing service provider / contract extension</p> <p><input type="checkbox"/> Direct engagement</p> <p><input type="checkbox"/> Open tender</p>		

	<input type="checkbox"/> Expression of Interest (EOI) <input type="checkbox"/> Other approach (please provide details) 2a. Is this activity being co-designed? No 2b. Is this activity this result of a previous co-design process? No 3a. Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? No 3b. Has this activity previously been co-commissioned or joint-commissioned? No
Decommissioning	No
Data collection	Mental Health National Minimum Dataset - Yes
Total Planned Expenditure	

Proposed Activities																			
Mental Health Priority Area	Priority area 5: Community based suicide prevention activities																		
ACTIVITY TITLE	<i>MH5 (5.1)</i> Eastern, Central & Far West Regions Suicide Prevention																		
Existing, Modified, or New Activity	Modified Activity The proposed activity brings together several activities that were individually identified in the previous 2016 -19 AWP: 5.1 Suicide Prevention Services 5.2 GP Training and support 5.3 Western NSW Lived experience network 5.4 Develop a regional suicide postvention framework																		
PHN Program Key Priority Area	Mental Health																		
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Health Workforce	Mental Health workforce	104																	
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Aim of Activity	To provide locally relevant activities for suicide prevention including: <ul style="list-style-type: none"> <li>• Research, plan and deliver activities in accordance with a detailed local needs analysis; the Lifespan model; and recommendations of the Aboriginal and Torres Strait Islander Suicide Prevention Evaluation Project Report (2016)</li> <li>• Identify and focus on at risk populations including one or more of the following: Indigenous people, young people; males, particularly those in the mining and agricultural industries.</li> <li>• Establish and support networks of People with Lived Experience in Western and Far Western LHD regions.</li> </ul>																		
Description of Activity	The main components of the activity include:																		

	<ul style="list-style-type: none"> <li>• Undertake detailed analysis and service mapping with community members and service providers.</li> <li>• Develop and implement Local Government Area (LGA) based Suicide Prevention Plans in accordance with identified needs, the Lifespan Model and ATSIPEP Report recommendations. These plans will also inform the wider “Regional Mental Health and Suicide Prevention Plan” (Activity MH: 8.1). Implementation of the LGA based plans may include: <ul style="list-style-type: none"> <li>○ Development and monitoring of clear service agreements and referral pathways between current providers of suicide prevention, crisis care, after care (post hospital discharge) and bereavement services in the Far West LHD</li> <li>○ Delivery of a range of workforce training – from programs suitable for first responders to GP’s and specialist clinicians</li> <li>○ Community awareness raising and gatekeeper training</li> <li>○ Work in schools to promote resilience and help-seeking</li> <li>○ Engagement of local media to ensure responsible reporting of mental illness and suicide</li> <li>○ Other innovative responses to local needs.</li> </ul> </li> <li>• Collaborate with Roses in the Ocean to engage, train and support networks of people with lived experience across the region</li> </ul> <p>There will be a focus on cultural safety in suicide prevention activities to increase accessibility and appropriateness for Aboriginal and Torres Strait Islander People and communities.</p>
Target population cohort	High risk groups that are identified in local population demographics and needs. It will be expected that Aboriginal people will be one of these groups in many LGAs covered by the project.
Indigenous specific	No
Coverage	The activity has three geographical clusters across the PHN region: <ul style="list-style-type: none"> <li>• Eastern: Bathurst, Blayney, Oberon, Orange and Cabonne LGA’s</li> <li>• Central: Dubbo, Narromine, Warren, Bogan and Gilgandra LGA’s</li> <li>• Far West: City of Broken Hill, Wentworth, Balranald and Central Darling LGA’s and the Unincorporated Far West Region.</li> </ul>
Consultation	Consumers, local service providers, WNSW PHN Community, Clinical and Aboriginal Health Councils
Collaboration	Collaboration with stakeholders will occur through: <ul style="list-style-type: none"> <li>• The identification and development of the LGA based suicide prevention plans</li> <li>• The development and monitoring of clear referral pathways</li> <li>• The establishment, training and support of networks of people with lived experience.</li> </ul>
Activity milestone details/ Duration	Activity start date: 1/07/2019 Activity end date: 30/06/2022  Service delivery start date: July 2019 Service delivery end date: June 2022 No other Milestones.
Commissioning method and approach to market	1. Please identify your intended procurement approach for commissioning services under this activity: <ul style="list-style-type: none"> <li><input type="checkbox"/> Not yet known</li> <li><input checked="" type="checkbox"/> Continuing service provider / contract extension</li> </ul>

	<input type="checkbox"/> Direct engagement. <input type="checkbox"/> Open tender <input type="checkbox"/> Expression of Interest (EOI) <input type="checkbox"/> Other approach 2a. Is this activity being co-designed? No 2b. Is this activity this result of a previous co-design process? No 3a. Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? No 3b. Has this activity previously been co-commissioned or joint-commissioned? No
Decommissioning	No
Data collection	Mental Health National Minimum Dataset - Yes The majority of activities commissioned do not involve provision of (clinical) support to individuals. However, should this be sought/delivered, the provider will be required to enter relevant data into the PMHC MDS.
Total Planned Expenditure	

Proposed Activities			
Mental Health Priority Area	Priority area 5: Community based suicide prevention activities		
ACTIVITY TITLE	MH5 (5.2) Indigenous led suicide prevention networks		
Existing, Modified, or New Activity	Modified Activity (Previously Activity 6.3)		
PHN Program Key Priority Area	Mental Health		
Needs Assessment Priority	Priority	Identified need	Page
	Mental Health and services	Suicide risk factors; suicide and vulnerable groups	40
	Mental Health and services	Intentional self-harm hospitalisations	41
	Service Access	Chronic mental health	100
	Health Workforce	Mental Health workforce	104
	Mental Health and services	Mental Health services that are culturally safe, locally available and affordable	120
Aim of Activity	To establish and continue to develop community led, culturally responsive and appropriate Indigenous specific suicide prevention network across the WNSW PHN region.		
Description of Activity	<p>The activity will consolidate and strengthen the knowledge, skills and initiatives of the Indigenous led community suicide prevention networks. This includes not only strengthening each group but also ensuring their involvement in the development and implementation of the WNSW PHN Regional Mental Health and Suicide Prevention Plan.</p> <p>The activity has two main components:</p> <ul style="list-style-type: none"> <li>• <b>Strengthening the individual networks</b> – Develop network specific strategic plans based on local need and priorities aligned to the Fifth National Mental Health and Suicide Prevention Plan. Support the networks with small support grants, localised training and education to develop their</li> </ul>		

	<p>ongoing capacity. Monitoring and evaluation to assess the effectiveness of the networks and the activities they undertake.</p> <ul style="list-style-type: none"> <li>• <b>Engagement of the networks to inform the development of the WNSW PHN Mental Health Suicide Prevention Plan</b> – A local annual forum will be held to bring representatives from each network together with other relevant regional stakeholders such as suicide prevention and crisis support workers, LHD’s, Police, Ambulance and the Department of Education. The forum will allow the sharing of information on latest research findings, relevant training and resources but most importantly it will be used as a mechanism to share practical local knowledge and experience to assist in co-designing, enhancing and reviewing the development of the WNSW PHN Mental Health and Suicide Prevention Plan.</li> </ul>
Target population cohort	Aboriginal and Torres Strait Islander community members.
Indigenous specific	Yes
Coverage	Indigenous led networks are based in towns across the whole PHN Region: Dubbo, Walgett, Brewarrina, Condobolin, Dareton, Menindee, Broken Hill and Wilcannia.
Consultation	Consultation will continue to occur with Aboriginal Local Community Working Parties in each area; Consumers; Community; Aboriginal Regional Assemblies; service providers working in the sector.
Collaboration	<p>At the local level, networks have and/or will engage with a range of different community and service sector stakeholders, depending on the foci of their strategic plans.</p> <p>At the regional level and through their involvement in the proposed Regional Forum, delegates from the networks will also collaborate with a wide range of stakeholders in the design and monitoring of the Regional Suicide Prevention Plan.</p>
Activity milestone details/ Duration	<p>Activity start date: 1/07/2019</p> <p>Activity end date: 30/06/2022</p> <p>Service delivery start date: July 2019</p> <p>Service delivery end date: June 2022</p> <p>The Regional Suicide Prevention Forum is scheduled to occur annually.</p>
Commissioning method and approach to market	<p>1. Please identify your intended procurement approach for commissioning services under this activity:</p> <p><input type="checkbox"/> Not yet known</p> <p><input checked="" type="checkbox"/> Continuing service provider / contract extension</p> <p><input type="checkbox"/> Direct engagement</p> <p><input type="checkbox"/> Open tender</p> <p><input checked="" type="checkbox"/> Expression of Interest (EOI) - small grants to lived experience groups</p> <p><input type="checkbox"/> Other approach</p> <p>2a. Is this activity being co-designed? No</p> <p>2b. Is this activity this result of a previous co-design process? Yes</p> <p>The activities are based on consultations with network members and the current provider.</p> <p>3a. Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? No</p> <p>3b. Has this activity previously been co-commissioned or joint-commissioned? No</p>
Decommissioning	No

Data collection	Mental Health National Minimum Dataset - No		
Total Planned Expenditure			
<b>Proposed Activities</b>			
Mental Health Priority Area	Priority area 6: Aboriginal and Torres Strait Islander mental health services		
ACTIVITY TITLE	MH6 (6.1): Implement a model for Social Emotional Wellbeing (SEWB) program to support Aboriginal communities.		
Existing, Modified, or New Activity	Existing Activity (Previous activity 6.1)		
PHN Program Key Priority Area	Indigenous Mental Health		
Needs Assessment Priority	WNSW PHN HNA 2019-22		
	Priority	Identified need	Page
	Service Access	Access to mental health professionals and services	93
	Mental health and services	Trauma	65
	Mental health and services	Mental Health services that are culturally safe, locally available and affordable	120
Aim of Activity	This program aims to provide access to culturally responsive Social and Emotional Wellbeing (SEWB) services including activities and SEWB workforce for Aboriginal people living in the WNSW PHN region.		
Description of Activity	<p>This activity funds ACCHOs across the WNSW PHN region to provide comprehensive, evidence-based Social and Emotional Wellbeing (SEWB) services. SEWB Workers will engage in a variety of SEWB activities, as nominated by each contracted ACCHO, to ensure SEWB programs are locally relevant and activities are available for all Aboriginal people, regardless of whether they access primary healthcare services from ACCHOs, AMSs or mainstream general practices.</p> <p>This activity includes the following elements:</p> <ul style="list-style-type: none"> <li>● <b>Workforce:</b> <ul style="list-style-type: none"> <li>○ Social and Emotional Wellbeing Workers (or other suitable qualified persons, as nominated by individual ACCHO/AMS) to deliver SEWB programs and ebbed into AMSs.</li> <li>○ <b>The implementation of this project will be commissioned and coordinated ongoing internally through a SEWB Enhancement Project Officer.</b></li> </ul> </li> <li>● <b>Workforce Training and Support provided by a Lead Agency:</b> <ul style="list-style-type: none"> <li>○ SEWB Worker training (Certificate IV Social and Emotional Wellbeing), provided where local workforce requires training</li> <li>○ SEWB Workforce support – Individual and Group Supervision to members of the SEWB Network.</li> </ul> </li> <li>● <b>Establishment of Western NSW SEWB Network:</b> <ul style="list-style-type: none"> <li>○ Establishment of SEWB Network comprising all SEWB workers across the region, regardless of position funding source, including: <ul style="list-style-type: none"> <li>▪ SEWB workers funded by Department Prime Minister and Cabinet</li> <li>▪ SEWB workers funded by WNSW PHN</li> </ul> </li> </ul> </li> </ul>		

	<ul style="list-style-type: none"> <li>▪ SEWB workers funded by other sources</li> <li>• <b>SEWB Program Funding:</b> <ul style="list-style-type: none"> <li>○ Allocation of funding to deliver a range of SEWB programs (as nominated by the locally commissioned ACCHOs) across all LGAs in the Western NSW PHN region.</li> </ul> </li> </ul>
Target population cohort	Aboriginal communities in the WNSW PHN region.
Indigenous specific	Yes These services are provided by Aboriginal people for Aboriginal people. Contracted service providers are from ACCHO/AMS Sector and are encouraged to identify local Aboriginal people with local knowledge and connection to community to employ as SEWB workers. Contracted organisations will identify their own local community preferences for the SEWB programs funded by this Activity.
Coverage	Whole of WNSW PHN region.
Consultation	WNSW PHN Aboriginal Health Council, AMSs and ACCHOs.
Collaboration	Both the design process and the implementation of the program has been undertaken collaboratively with the following groups: <ul style="list-style-type: none"> <li>• ACCHO and AMSs</li> <li>• WNSW PHN Aboriginal Health Council</li> <li>• Department of Prime Minister and Cabinet (PM&amp;C)</li> </ul> PM&C are also funding some SEWB workers in the WNSW PHN region (not via WNSW PHN). These SEWB workers will be supported by WNSW PHN to participate in the Western NSW SEWB Network. WNSW PHN is only funding SEWB workers in LGAs where positions are not currently funded by PM&C.
Activity milestone details/ Duration	Provide the anticipated activity start and completion dates ( <b>including</b> the planning and procurement cycle): Activity start date: 1/07/2019 Activity end date: 30/06/2022  <b>If applicable</b> , provide anticipated service delivery start and completion dates ( <b>excluding</b> the planning and procurement cycle): Service delivery start date: July 2019 Service delivery end date: June 2022
Commissioning method and approach to market	1. Please identify your intended procurement approach for commissioning services under this activity: <ul style="list-style-type: none"> <li><input type="checkbox"/> Not yet known</li> <li><input checked="" type="checkbox"/> Continuing service provider / contract extension</li> <li><input type="checkbox"/> Direct engagement</li> <li><input type="checkbox"/> Open tender</li> <li><input type="checkbox"/> Expression of Interest (EOI)</li> <li><input type="checkbox"/> Other approach</li> </ul> 2a. Is this activity being co-designed? No 2b. Is this activity this result of a previous co-design process? Yes 3a. Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? Yes 3b. Has this activity previously been co-commissioned or joint-commissioned? Yes
Decommissioning	No
Data collection	Mental Health National Minimum Dataset - No



Proposed Activities													
Mental Health Priority Area	Priority area 7: Stepped care approach												
ACTIVITY TITLE	MH7 (7.1) Stepped Care Implementation in General Practice Project												
Existing, Modified, or New Activity	Existing Activity Previous activity workplan reference 7.3												
PHN Program Key Priority Area	Mental Health												
Needs Assessment Priority	WNSW PHN HNA 2019-22												
	<table border="1"> <thead> <tr> <th>Priority</th> <th>Identified need</th> <th>Page</th> </tr> </thead> <tbody> <tr> <td>Healthy systems &amp; coordination</td> <td>Care integration and coordination</td> <td>84</td> </tr> <tr> <td>Service access</td> <td>Chronic mental health</td> <td>100</td> </tr> <tr> <td>Service Access</td> <td>Stepped Care Model</td> <td>101</td> </tr> </tbody> </table>	Priority	Identified need	Page	Healthy systems & coordination	Care integration and coordination	84	Service access	Chronic mental health	100	Service Access	Stepped Care Model	101
	Priority	Identified need	Page										
	Healthy systems & coordination	Care integration and coordination	84										
Service access	Chronic mental health	100											
Service Access	Stepped Care Model	101											
Aim of Activity	To increase support and resources for GPs to screen, assess and assist patients requiring mental health support.												
Description of Activity	The activity will build on the success of the Black Dog Institute (BDI) Stepped Care Model that previously trialled successfully by WNSW PHN.  The project will engage local general practices and help General Practitioners to understand and implement stepped care in the primary health context. This will be underpinned by the use of an innovative Decision Support Tool that is integrated into practice software that will enhance their ability to assess their patient's mental health needs in a stepped care framework. This is not a direct service delivery activity.												
Target population cohort	Mental health consumers engaging general practice (this is not a direct service delivery activity).												
Indigenous specific	No												
Coverage	Whole of WNSW PHN region												
Consultation	This has been developed with the support of BDI and General Practices in the region												
Collaboration	WNSW PHN will continue to collaborate with the above agencies to develop and implement the Stepped Care model												
Activity milestone details/ Duration	Provide the anticipated activity start and completion dates ( <b>including</b> the planning and procurement cycle): Activity start date: 1/07/2018 Activity end date: 30/06/2022 No other relevant milestones.												
Commissioning method and approach to market	1. Please identify your intended procurement approach for commissioning services under this activity: <input type="checkbox"/> Not yet known <input type="checkbox"/> Continuing service provider / contract extension <input checked="" type="checkbox"/> Direct engagement. Black Dog Institute will be engaged to provide their stepcare platform. In 2017/18 a trial of the Black Dog platform was successfully implemented. The feedback from GPs was favourable and the implementation of the platform across WNSW PHN requires using Black Dog's proprietary system / tool. <input type="checkbox"/> Open tender <input type="checkbox"/> Expression of Interest (EOI)												

	<input checked="" type="checkbox"/> Other approach - The implementation of this project will be commissioned internally through a General Practice Stepped Care Implementation Project Officer. 2a. Is this activity being co-designed? No 2b. Is this activity this result of a previous co-design process? No 3a. Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? No 3b. Has this activity previously been co-commissioned or joint-commissioned? No
Decommissioning	No
Data collection	Mental Health National Minimum Dataset - No

Proposed Activities			
Mental Health Priority Area	Priority area 8: Regional mental health and suicide prevention plan		
ACTIVITY TITLE	MH8 (8.1) Regional Mental Health and Suicide Prevention Planning		
Existing, Modified, or New Activity	Modified Activity Previous activity workplan reference 7.1, 8.1 – 8.4		
PHN Program Key Priority Area	Mental Health		
Needs Assessment Priority	Priority	Identified need	Page
	Healthy systems & coordination	Care integration and coordination	84
	Service access	Primary mental health care	98
	Service Access	Suicide	100
Aim of Activity	Joint planning and delivery of a Regional Mental Health and Suicide Prevention plan.		
Description of Activity	<p>WNSW PHN will lead the development of a Regional Mental Health and Suicide Prevention Plan in partnership with Western NSW and Far West Local Health Districts. The plan will:</p> <ul style="list-style-type: none"> <li>• Be developed in partnership with consumers and key stakeholders;</li> <li>• Centred around a Stepped Care Framework;</li> <li>• Aligned to the 5th National Mental Health and Suicide Prevention Plan;</li> <li>• Underpinned by evidence-based planning tools.</li> </ul> <p>The plan will be developed in two stages:</p> <p><b>Stage 1: Foundational Plan</b></p> <p>The Foundational Plan will define role and responsibilities across the PHN and LHDs, identify key priorities and commit resources to the development of a comprehensive plan. It will provide directions to ensure that all relevant stakeholders are involved in the process.</p> <p><b>Stage 2: Comprehensive Plan</b></p> <p>The comprehensive plan is the service delivery plan. The plan will build upon and be informed by some of the work undertaken in Activities MH5 (5.1) and MH5 (5.2). It will outline the delivery of integrated, evidence based mental health and suicide prevention activities for the region and commits both the PHN and LHDs</p>		

	<p>to delivering those services. It is based on a shared understanding of the sector, consumer and carer needs, workforce dynamics and the region itself.</p> <p><b>Collaborative Pairs Program – Consumer Engagement for Mental Health System Improvement</b></p> <p>In 2018/19 WNSW PHN, in collaboration with three other PHNs, Consumer’s Health Forum and the Kings Fund (UK) established a new, innovative Consumer Engagement initiative through the Collaborative Pairs program. In WNSW PHN this initiative focused on mental health services, to increase the effective input of both consumers and clinicians in co-design processes and develop local health system improvements, aligned with a stepped care model. This initiative supports place-based solutions and strengthens a consumer voice within the development of the Regional Mental Health and Suicide Prevention Plan. Base on the success of the 2018/19 program, WNSW PHN plans to work with Consumer Health Forum to continue this initiative through 2019/20. An evaluation of the Collaborative Pairs Australian Trial Program is currently underway.</p>
Target population cohort	The development of the plan will ensure the delivery of appropriate evidence-based services to all consumers of mental health services across the PHN region.
Indigenous specific	No
Coverage	Whole of region
Consultation	<p>The development of an evidence based regional mental health and suicide prevention plan will occur within a Stepped Care framework. Consultation on the Stepped Care model has previously been conducted through the Stepped Care Integration Planning Executive Group (SCIPEG), this Group has executive members from key partner organisations as well as representatives from peak bodies in the Mental Health Sector. Consultations will continue to also occur with Western NSW and Far West Local Health District, consumers, local service providers and Government agencies that provide related services across the PHN region.</p> <p>Extensive consultation will be undertaken with the Suicide Prevention networks that have been established as part of Activity MH5 (5.2).</p> <p>Consultation will continue to occur with the WNSW PHN Community, Clinical and Aboriginal Health Councils.</p>
Collaboration	Western NSW and Far Wester NSW LHDs
Activity milestone details/ Duration	<p>Provide the anticipated activity start and completion dates (<b>including</b> the planning and procurement cycle):</p> <p>Activity start date: 1/07/2018</p> <p>Activity end date: 30/06/2022</p> <p>No other relevant milestones.</p>
Commissioning method and approach to market	<p>1. Please identify your intended procurement approach for commissioning services under this activity:</p> <p><input checked="" type="checkbox"/> Not yet known</p> <p><input type="checkbox"/> Continuing service provider / contract extension</p> <p><input type="checkbox"/> Direct engagement</p> <p><input type="checkbox"/> Open tender</p> <p><input type="checkbox"/> Expression of Interest (EOI)</p> <p><input type="checkbox"/> Other approach</p> <p>2a. Is this activity being co-designed? Yes</p> <p>2b. Is this activity this result of a previous co-design process? No</p>

	3a. Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? Yes 3b. Has this activity previously been co-commissioned or joint-commissioned? No
Decommissioning	No
Data collection	Mental Health National Minimum Dataset - No
Total Planned Expenditure	

Proposed Activities													
Mental Health Priority Area	Priority area 1: Low intensity mental health services												
ACTIVITY TITLE	<i>MH9 (9.1)</i> - Empowering our communities – New low intensity mental health service with a focus on relationship/family supports.												
Existing, Modified, or New Activity	Existing Activity Reference in 2016-2019 AWP D.1												
PHN Program Key Priority Area	Mental Health												
Needs Assessment Priority	WNSW PHN Needs Assessment 2019-22												
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	Priority	Identified need	Page										
	Mental health and services	Suicide- vulnerable groups	39-41										
Service Access	Access to mental health professionals and services	104											
Service Access	Prevention	104											
Aim of Activity	Provision of low intensity support services to individuals and families currently being affected by the drought.												
Description of Activity	<p>WNSW PHN will work with stakeholders to co-design and commission a new, drought specific, low intensity, support service for individuals and families. The service will be able to offer general support but will have an additional focus of providing assistance for those experiencing relationship/family problems; it will be evidenced based and integrated within a stepped care model to more intense clinical services if warranted.</p> <p>Local services will be engaged in a co-design process to devise a program in which:</p> <ul style="list-style-type: none"> <li>• A suitable evidence based training program in providing low intensity family/relationship support will be identified/developed.</li> <li>• Existing staff within drought relief and financial counselling roles will be upskilled to provide low intensity support to individuals and their families experiencing relationship/family problems;</li> <li>• Support and supervision will be provided to those workers by clinicians with specialist knowledge in relationship and family counselling.</li> </ul> <p>The new service will be promoted through the networks of participating organisations, GPs, local governments, Local Health Districts Mental Health Services, crisis support lines and WNSW PHN's existing funded mental health services</p>												

	<p>Through a co-design process with key stakeholders, a lead agency will be nominated to:</p> <ol style="list-style-type: none"> <li>Identify and/or develop an evidence based training program for non-clinical staff to provide low intensity support with a focus on individuals/families facing relationship problems</li> <li>Deliver training to drought relief and financial counselling workers based in communities most severely affected by drought</li> <li>Provide regular supervision and support to the non-clinical workers by staff with specialist qualifications in relationship counselling. This will include identification of cases which would most appropriately be referred to more intensive support.</li> </ol> <p>WNSW PHN will target workers and communities based on the most recent assessments by the Department of Primary Industries of Local Government areas most intensely affected by drought. Four clusters have been identified:</p> <ol style="list-style-type: none"> <li>Forbes, Parkes, Lachlan</li> <li>Bourke, Cobar, Central Darling</li> <li>Broken Hill and Unincorporated Far West</li> <li>Walgett and Warrumbungle</li> </ol>
Target population cohort	Individuals and families in the most severely affected local government areas (as classified by the NSW Department of Primary Industry) and with the highest proportion of residents employed in Agriculture.
Indigenous specific	No
Coverage	Local government areas (as classified by the NSW Department of Primary Industry) as most severely affected by the drought.
Consultation	A co-design process will be a key component in the implementation of this activity. The PHN will work with all relevant stakeholders across the region to ensure that appropriate services are delivered where needed.
Collaboration	<p>WNSW PHN will collaborate with existing state and non-government services who work across our region such as:</p> <ul style="list-style-type: none"> <li>NSW Department of Primary Industry Rural Resilience Program</li> <li>NSW LHD Rural Adversity in Mental Health Program and Farm-gate drought peer support workers</li> <li>Rural Financial Counselling Service</li> <li>Centacare</li> <li>Relationships Australia</li> </ul>
Activity milestone details/ Duration	<p>Provide the anticipated activity start and completion dates (<b>including</b> the planning and procurement cycle):</p> <p>Activity start date: 1/07/2019 Activity end date: 30/06/2020</p> <p><b>If applicable</b>, provide anticipated service delivery start and completion dates (<b>excluding</b> the planning and procurement cycle):</p> <p>Service delivery start date: July 2019 Service delivery end date: June 2020</p> <p>No other relevant milestones.</p>
Commissioning method and approach to market	<p>1. Please identify your intended procurement approach for commissioning services under this activity:</p> <p><input checked="" type="checkbox"/> Not yet known  <input type="checkbox"/> Continuing service provider / contract extension  <input type="checkbox"/> Direct engagement</p>

	<input type="checkbox"/> Open tender <input type="checkbox"/> Expression of Interest (EOI) <input type="checkbox"/> Other approach 2a. Is this activity being co-designed? Yes 2b. Is this activity this result of a previous co-design process? Yes 3a. Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? No 3b. Has this activity previously been co-commissioned or joint-commissioned? No
Decommissioning	No
Data collection	Mental Health National Minimum Dataset - No

Proposed Activities													
Mental Health Priority Area	Priority area 1: Low intensity mental health services												
ACTIVITY TITLE	MH9 (9.2) - Empowering our communities – Grants to support community led wellbeing initiatives												
Existing, Modified, or New Activity	Existing Activity Reference in 2016-2019 AWP D.2												
PHN Program Key Priority Area	Mental Health												
Needs Assessment Priority	WNSW PHN Needs Assessment 2019-22												
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	Mental health and services	Suicide- vulnerable groups	39-41										
Service Access	Access to mental health professionals and services	104											
Service Access	Prevention	104											
Aim of Activity	The aim of the activity is to facilitate the delivery of community focused and led wellbeing initiatives that aim to help improve mental health and build community resilience during the drought. This will be achieved through the provision of community wellbeing grants.												
Description of Activity	<p>WNSW PHN has prepared guidelines for applicants and established internal procedures for quick assessment of applications, payment of funds and user-friendly acquittal/reporting methods. Funding amounts will range from \$5,000 - \$50,000 (to be assessed by a panel of 3 stakeholders).</p> <p>Eligibility criteria emphasise the provision of funding for initiatives that:</p> <ul style="list-style-type: none"> <li>• Health and well being initiatives that engage isolated and/or ‘at risk’ members of the community.</li> <li>• Promote collaboration between (drought) service provider and community stakeholders.</li> <li>• Community education sessions to develop Sustainability in natural disasters by increasing mental health literacy and reduce stigma associated with help-seeking.</li> <li>• Build the capacity of the local workforce.</li> </ul> <p>WNSW PHN will implement a media and communications strategy to promote the availability of the grants and this will include social and print media, radio, drought-specific and general service provider inter-agencies, and direct</p>												

	<p>communications to relevant organisations such as local government, sporting associations and church groups.</p> <p>Priority will be given to applications from organisations in the most severely affected local government areas (as classified by the NSW Department of Primary Industry) and with the highest proportion of residents employed in farming. All grants will be assessed in accordance with:</p> <ul style="list-style-type: none"> <li>• The strength of their alignment to purposes of the grants and the 'Empowering our Communities' program guidelines</li> <li>• The extent to which proposed activities address gaps (rather than duplicate) existing services and supports.</li> </ul>
Target population cohort	Drought affected Local Government areas.
Indigenous specific	No
Coverage	Whole of region, however priority will be given to communities that are most severely affected by the drought.
Consultation	<p>WNSW PHN has undertaken preliminary consultations with key stakeholder organisations and community/service provider networks. A common theme through these has been communities feeling that:</p> <ul style="list-style-type: none"> <li>• they are not being sufficiently consulted about their needs and the type of drought relief being offered</li> <li>• that there appears to be a presumption that that individuals and families are experiencing psychological distress and need counselling. This does not adequately acknowledge that although the drought is causing people additional stress, rural and remote communities are resilient and have capacities to look out for and support each other. However, support to strengthen and build on these capacities would be very welcomed.</li> <li>• Initiatives are likely to be more engaging for the community when they are included as part of general events such as field days or sporting competitions.</li> </ul>
Collaboration	WNSW PHN will continue to work with local stakeholders to ensure that activities are complementing a whole sector approach.
Activity milestone details/ Duration	<p>Provide the anticipated activity start and completion dates <b>(including</b> the planning and procurement cycle):</p> <p>Activity start date: 1/07/2019 Activity end date: 30/06/2020</p> <p><b>If applicable</b>, provide anticipated service delivery start and completion dates <b>(excluding</b> the planning and procurement cycle):</p> <p>Service delivery start date: July 2019 Service delivery end date: June 2020</p> <p>No other relevant milestones.</p>
Commissioning method and approach to market	<p>1. Please identify your intended procurement approach for commissioning services under this activity:</p> <p><input type="checkbox"/> Not yet known</p> <p><input type="checkbox"/> Continuing service provider / contract extension</p> <p><input type="checkbox"/> Direct engagement</p>



	<input type="checkbox"/> Open tender <input checked="" type="checkbox"/> Expression of Interest (EOI) - Provision of Community Grants <input type="checkbox"/> Other approach 2a. Is this activity being co-designed? No 2b. Is this activity this result of a previous co-design process? No 3a. Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? No 3b. Has this activity previously been co-commissioned or joint-commissioned? No
Decommissioning	No
Data collection	Mental Health National Minimum Dataset - No

Proposed Activities													
Mental Health Priority Area	Priority area 1: Low intensity mental health services												
ACTIVITY TITLE	MH9 (9.3) - Empowering our communities – Support to drought affected Aboriginal communities												
Existing, Modified, or New Activity	Existing Activity Reference in 2016-2019 AWP D.3												
PHN Program Key Priority Area	Mental Health												
Needs Assessment Priority	WNSW PHN Needs Assessment 2019-22												
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	Priority	Identified need	Page										
	Mental health and services	Trauma	65										
Mental health and services	Prevention programs	66											
Mental health and services	Mental health services	120											
Aim of Activity	The activity will aim to provide support to drought affected Aboriginal Communities.												
Description of Activity	<p>In accordance with relevant protocols for working with Aboriginal communities in our region, the activity is composed of three main stages:</p> <ul style="list-style-type: none"> <li>• Consulting with the WNSW PHN, Aboriginal Regional Assemblies and obtaining their advice on which communities are most impacted by the drought.</li> <li>• Engaging with Community Working Parties and/or Elders groups in those areas and scoping: <ul style="list-style-type: none"> <li>○ The nature of the impact of the drought on local people</li> <li>○ The most useful type of support which could be provided</li> </ul> </li> <li>• In consultation with local communities, preparing a work plan and budget for activities and commissioning Aboriginal Community Controlled Organisations to deliver services accordingly.</li> </ul>												
Target population cohort	The target cohort is most likely to be Aboriginal communities living alongside major rivers in our region and/or communities who have spiritual and cultural connections to flowing river water.												
Indigenous specific	Yes												

	WNSW will consult with the two Aboriginal Regional Assemblies and obtaining their advice on which communities are most impacted by the drought and will engaging with Community Working Parties and/or Elders groups in those areas.
Coverage	This will be determined directly through the consultation process.
Consultation	As described above, WNSW PHN will follow protocols for engaging and consulting with Aboriginal Communities, including engagement through the WNSW PHN Aboriginal Health Council. That is, seek permissions and advice from the Regional Assemblies and then local community working parties or Elders groups. WNSW PHN has already established working relationships with the Centre for Best Practice in Aboriginal and Torres Strait Islander Suicide Prevention and will seek guidance from this and any other relevant national or state organisations (such as the Aboriginal Health and Medical Research Council in NSW). We will also continue to collaborate with the regional staff in Department of Premier and Cabinet and the Aboriginal Health Unit in the NSW Ministry of Health. We will also continue to collaborate and share information with other Drought affected PHNs with high percentages of Aboriginal and Torres Strait Islander residents.
Collaboration	WNSW PHN will work closely with local Aboriginal Regional Assemblies and Aboriginal Communities.
Activity milestone details/ Duration	Provide the anticipated activity start and completion dates <b>(including the planning and procurement cycle)</b> : Activity start date: 1/07/2019 Activity end date: 30/06/2020 <b>If applicable</b> , provide anticipated service delivery start and completion dates <b>(excluding the planning and procurement cycle)</b> : Service delivery start date: July 2019 Service delivery end date: June 2020 No other relevant milestones.
Commissioning method and approach to market	1. Please identify your intended procurement approach for commissioning services under this activity: <input checked="" type="checkbox"/> Not yet known <input type="checkbox"/> Continuing service provider / contract extension <input type="checkbox"/> Direct engagement <input type="checkbox"/> Open tender <input type="checkbox"/> Expression of Interest (EOI) <input type="checkbox"/> Other approach 2a. Is this activity being co-designed? Yes 2b. Is this activity this result of a previous co-design process? Yes 3a. Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? No 3b. Has this activity previously been co-commissioned or joint-commissioned? No
Decommissioning	No
Data collection	Mental Health National Minimum Dataset - No

### Proposed Activities

Mental Health Priority Area	Priority area 1: Low intensity mental health services
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ACTIVITY TITLE	<i>MH9 (9.4) - Empowering our communities – Primary Care and Drought workforce upskilling and Trusted Advocates Network Trial</i>		
Existing, Modified, or New Activity	Existing Activity Reference in 2016-2019 AWP D.4		
PHN Program Key Priority Area	Mental Health		
Needs Assessment Priority	WNSW PHN Needs Assessment 2019-22		
	Priority	Identified need	Page
	Mental health and services	Suicide- vulnerable groups	39-41
	Service access	Prevention	104
	Mental health and services	Mental health services	120
Aim of Activity	The activity will aim to upskill the local primary care and drought workforce with mental health and suicide prevention skills.		
Description of Activity	<p><b>Primary Care and Drought Workforce Upskilling and Support</b> WNSW PHN will prepare and deliver a Primary Care and Drought Workforce support training strategy that includes:</p> <ul style="list-style-type: none"> <li>• Upskilling of GPs and Allied Health professionals in the provision of mental health and suicide prevention support.</li> <li>• Upskilling general human service and drought support workforce in providing brief interventions and referring individuals to specialist services when required.</li> <li>• Upskilling voluntary drought relief workforces by providing introductory training in providing mental health support.</li> </ul> <p>Prior consultations indicate that these training programs are most relevant:</p> <ol style="list-style-type: none"> <li>a) GP Training <ol style="list-style-type: none"> <li>i) Black Dog Institute: Suicide Prevention Intervention and Youth Mental Health</li> <li>ii) RACGP Level 2 Focused Psychological Strategies Training</li> <li>iii) AOD GP training</li> </ol> </li> <li>b) General human service and drought support workforce <ol style="list-style-type: none"> <li>i) Black Dog Institute: Black Dog Institute: Suicide Prevention Intervention, Youth Mental Health and Brief Psychological Interventions</li> <li>ii) Mental Health First Aid,</li> </ol> </li> <li>c) Voluntary drought relief workforce <ol style="list-style-type: none"> <li>i) ASIST, INSIST, Accidental Counsellor</li> <li>ii) Mental Health First Aid.</li> </ol> </li> </ol> <p><b>Trusted Advocates Network Trial</b></p> <p>WNSW PHN will identify up to ten people within the community of Coonabarabran to establish a local network of trusted people. These trusted Advocates will support, and provide advice on available online, face to face and self-help mental health and emotional well being supports within the community, to local community members.</p> <p>These advocates will be provided mental health first aid training and or 'accidental counsellor training to assist them in their role. WNSW PHN will provide mentoring and clinical support arrangements as required to the Trusted Advocates</p>		

Target population cohort	Primary Care and drought workforces in drought affected Local Government areas.
Indigenous specific	No
Coverage	Whole of PHN region however, priority for delivery of training will be given to those working in the most severely affected local government areas (as classified by the NSW Department of Primary Industry. Trusted Advocates Network Trial will be in Coonabarabran.
Consultation	WNSW PHN has already established strong links with General Practices through our Practice Support team and ongoing program of training and professional development. It has already commenced participating in local drought-related and service provider networks and sought advice about the types of training programs which would be useful/suitable for broader paid and unpaid workforces. We have also identified which services/workers are already providing training and where possible, we will devise joined-up approaches.  Trusted Advocates Networks Trial will consult with Coonabarabran community organisations, local general practitioners, schools and the Local Government
Collaboration	Local organisations already working with drought affected communities (i.e. RAHMP, Local Health Districts and Local Government)
Activity milestone details/ Duration	Provide the anticipated activity start and completion dates ( <b>including</b> the planning and procurement cycle): Activity start date: 1/04/2019 Activity end date: 30/06/2021  <b>If applicable</b> , provide anticipated service delivery start and completion dates ( <b>excluding</b> the planning and procurement cycle): Service delivery start date: July 2019 Service delivery end date: June 2020  No other relevant milestones.
Commissioning method and approach to market	1. Please identify your intended procurement approach for commissioning services under this activity: <input checked="" type="checkbox"/> Not yet known <input type="checkbox"/> Continuing service provider / contract extension <input type="checkbox"/> Direct engagement. <input type="checkbox"/> Open tender <input type="checkbox"/> Expression of Interest (EOI) <input type="checkbox"/> Other approach 2a. Is this activity being co-designed? No 2b. Is this activity this result of a previous co-design process? No 3a. Do you plan to implement this activity using co-commissioning or joint-commissioning arrangements? No 3b. Has this activity previously been co-commissioned or joint-commissioned? No
Decommissioning	No
Data collection	Mental Health National Minimum Dataset - No . Some data will be collected regarding Mental Health First Aid and other training delivered.