

LOCAL BEREAVEMENT SUPPORT		
	FAR WEST LHD	WESTERN NSW LHD
SPECIALIST PALLIATIVE CARE Psychological Counsellor / Bereavement Support Worker	<p>BROKEN HILL / SILVERTON Broken Hill Palliative Care Team via Broken Hill Hospital Switchboard 08 8080 1333</p> <p>BALRANALD / DARETON / WENTWORTH Dareton Palliative Care Team 03 5021 7200</p> <p>DISTRICT OUTREACH Palliative Care CNC via Broken Hill Hospital Switchboard 08 8080 1333</p>	<p>DUBBO Dubbo Base Hospital 02 6809 6580</p> <p>LOURDES Lourdes Hospital Switchboard 02 6841 8500</p> <p>ORANGE Orange Health Service 02 6369 3290</p> <p>BATHURST Daffodil Cottage 02 6330 5347</p>
PRIMARY HEALTH Psychological / Bereavement support	General Practitioner Community Health Centre Community Mental Health Team Community Psychologist Private Psychologist	General Practitioner Community Health Centre Primary Health Network Community Psychologist Private Psychologist
	Medicare funded GP-based psychology services (maximum 10 session) can be accessed following GP assessment, who will provide referral and mental health care plan	
LOCAL COMMUNITY BEREAVEMENT SERVICES	<p>Centa Care Grief and loss counselling service 261 Argent Street, Broken Hill 08 8087 3477</p> <p>National Association for Loss and Grief (NALAG) Telephone counselling service Welchman Street, Dubbo 02 6882 9222 www.nalag.org.au</p>	<p>National Association for Loss and Grief (NALAG) Face to face counselling service Welchman Street, Dubbo 02 6882 9222 www.nalag.org.au</p>

STATE and NATIONAL BEREAVEMENT SUPPORT		
AUSTRALIAN CENTRE FOR GRIEF & BEREAVEMENT	Face to face and telephone bereavement counselling	03 9265 2100 www.grief.org.au
BEREAVEMENT CARE CENTRE	Bereavement counselling	1300 654556 www.bereavementcare.com.au
BEYOND BLUE	Telephone counselling: 24/7 Online counselling: 3pm – 12am AEST, 7 days a week	1300 224 636 www.beyondblue.org.au www.youthbeyondblue.com
CANTEEN	Grief support for siblings or children of people who have died of cancer	1800 226 833 (02) 9382 1584 www.canteen.org.au
GOOD GRIEF	Online bereavement information	www.goodgrief.org.au
GRIEFLINE	Telephone Grief Counselling: 12 noon - 3am AEST, 7 days a week Ongoing Grief Counselling Service	1300 845 745 www.griefline.org.au
GRIEFLINK	Grief Support Service	02 9489 6644 www.grieflink.org.au
HEADSPACE	Youth mental health services for Australians aged 12-25	www.headspace.org.au
KIDS HELPLINE	Telephone counselling 24/7 Online counselling For aged 5 to 25 years	1800 55 1800 (free call) www.kidshelpline.com.au
LIFELINE	Face to face counselling service Telephone counselling service: 24/7	131 114 www.lifeline.org.au
MARATHON HEALTH	'Strong Minds' Program	1300 402 585 02 6826 5200 www.marathonhealth.com.au
NATIONAL CENTRE FOR LOSS AND GRIEF (NSW)	Face to face and telephone counselling service	02 6882 9222 (Dubbo) www.nalag.org.au
REACH OUT	Internet information service for under 25s	www.reachout.com
SOLACE ASSOCIATION	Grief support after the death of a partner	02 9519 2820 www.solace.org.au
SERVICE NSW BEREAVEMENT TEAM	Support after death, including counselling referrals and financial assistance referrals	13 77 88 www.service.nsw.gov.au/transaction/death-and-bereavement