



General Practice Resource Newsletter

May 2022

Welcome to the General Practice Resources, keeping you and your practice up to date with the latest information from government, associations in the Primary Health Space.

The following includes information on:

- [Novel Coronavirus \(COVID-19\)](#)
- [General Information](#)
- [Webinars and Events](#)
- [Reminders](#)
- [Resources](#)

The Month Ahead:

1 May – 31 May	Neurofibromatosis Awareness Month	Children’s Tumour Foundation
1 May – 31 May	Miracle Month of May	Miracle Babies Foundation
1 May – 31 May	Ehlers-Danlos Awareness Month	Ehlers-Danlos Society
10 May	World Lupus Day	ARRC
12 May	International Awareness Day for Chronic Immunological and Neurological Diseases	May12th.org.au
19 May	World IBD Day	Crohn’s & Colitis Foundation
22 May – 28 May	Schizophrenia Awareness Week	Helping Minds
22 May – 28 May	National Palliative Care Week	Palliative Care Australia
23 May – 28 May	Myopia Awareness Week	Myopia Movement
23 May – 29 May	Spinal Health Week	Australian Chiropractors Association
25 May	World Thyroid Day	Australian Thyroid Foundation
30 May	World MS Day	MS Australia
31 May	World No Tobacco Day	AIHW

NOVEL CORONAVIRUS (COVID-19)

The WNSW PHN Website is regularly updated with the latest information, including Information Lines, Self-Quarantine Guidelines, Patient Care, and printable resources for GP's and ED's, as well as links to the Department of Health, NSW Health, RACGP, WHO and more.

<https://www.wnswphn.org.au/coronavirus>

<https://www.wnswphn.org.au/covid19vaccinations>

[WNSW PHN COVID-19 Vaccination Matters Quick Contact Guide](#)

[COVID-19 Infection Prevention and Control Manual \(October 2021\)](#)

[COVID Vaccine Provider Bulletin \(April 29 2022\)](#)

[COVID-19 Vaccine - Inreach Clinics Factsheet](#)

[COVID-19 Winter Dose Payments Factsheet \(April 29 2022\)](#)

[Clinical Summary Report](#)

➤ COVID-19 MBS Telehealth Services

[COVID-19 Temporary MBS Telehealth Services Factsheet](#)

[MBS Quick Guide to COVID-19 Items \(updated May 2022\)](#)

[MBS Quick Guide \(updated May 2022\)](#)

[RACGP MBS Aged Care guide \(updated September 2021\)](#)

[MBS Factsheet - Continuing MBS Telehealth Services](#)

[MBS COVID-19 telehealth 'existing relationship' requirement - Clarification of exemptions](#)

➤ NSW Health COVID-19 Updates

[COVID-19 Rules](#)

[NSW Government Face Mask Rules](#)

[Self-isolation rules for cases and people exposed to COVID-19](#)

[COVID-19 Infection Prevention and Control Manual, Version 2.1, 1 March 2022 \(See page 74 for the summary of current recommendations during Amber Alert\)](#)

➤ HealthPathways COVID-19

<https://westernnsw.communityhealthpathways.org/728651.htm>

Username = westernnsw

Password = healthcare

GENERAL INFORMATION

➤ Influenza – Department of Health Practice Resources

The Australian Government Department of Health has developed a range of public resources to help reinforce the messaging around the importance of being vaccinated against influenza.

[Department of Health Influenza Resources](#)

➤ Influenza – RACGP Practice Resources

RACGP has developed a range of public resources to help reinforce the messaging around the importance of being vaccinated against influenza.

[RACGP Influenza Resources](#)

➤ Cultural Awareness and Cultural Safety Training

Presented by RACGP, the Introduction to Aboriginal and Torres Strait Islander cultural awareness in general practice activity aims to improve the health of Aboriginal and Torres Strait Islander peoples by enhancing the cultural awareness of GPs, general practice staff, medical students, primary health care staff, and other health care providers.

This online module was developed as an alternative pathway to increase access to cultural awareness training.

[RACGP Cultural Awareness and Cultural Safety Training](#)

[RACGP Cultural Awareness and Cultural Safety Training Introduction](#)

➤ Tresillian Western NSW Support for New Parents

Tresillian Family Care Centres is Australia's largest not-for-profit Early Parenting Service offering professional advice, education and guidance to families with a baby, toddler or pre-schooler. Tresillian has helped generations of parents for over 100 years providing reassurance and support with:

- Settling baby & sleep difficulties
- Breastfeeding & bottle-feeding
- Introducing solids
- Multiple babies
- Understanding baby's cues
- Toddler Behaviour
- Parental emotional & psychological well-being (i.e. stress, anxiety)

[Tresillian Western NSW Flyer](#)

[Tresillian Western NSW Website](#)

➤ **NSWRDN Bush Bursaries and Country Women's Ass. Scholarships**

NSW Rural Doctors Network (RDN) Bush Bursaries and Country Women's Association (CWA) Scholarships provide selected medical, midwifery and nursing students in NSW/ACT with \$1,500 each to assist with costs associated with their studies. Recipients also spend two weeks on a rural placement in country NSW during their university holidays. The placement combines the enjoyable aspects of country life and rural medicine.

The Bush Bursaries are funded by individual NSW rural councils and scholarships are funded by the Country Women's Association of NSW. They are administered by RDN.

[NSWRDN Bush Bursaries and Country Women's Ass. Scholarships](#)

➤ **Leadership Scholarships Supporting Women in Health**

Women & Leadership Australia has announced a new round of scholarships to enable more women in the health sector to undertake career-enhancing leadership development programs.

Partial scholarships of \$1,000 to \$5,000 will support participation in one of four courses designed for women in non-leadership roles through to senior leaders.

[Women & Leadership Australia Scholarships](#)

➤ **Save the Date: National Rural Health Conference – Brisbane, August**

If you are concerned about the health and wellbeing of people who live and work in rural or remote areas of Australia this is the conference for you.

The National Rural Health Conference is the pre-eminent event in Australia for information and inspiration about rural and remote health and wellbeing.

[16th National Rural Health Conference](#)

➤ **Practice Owners National Conference 2022**

The RACGP Practice Owners National Conference 2022 is being held in Hobart on the 14th and 15th of May, helping current practice owners to improve their practice, giving aspiring practice owners the tools to prepare, and ensuring practice viability through staff and technology.

[Practice Owners National Conference 2022 Website](#)

[Practice Owners National Conference 2022 Program](#)

WEBINARS and EVENTS

Name	Date	About	Link	Cost
Demonstrating the impact of a volunteer family support program: Insights from an RCT	Wednesday 11th May at 1:00pm	In this webinar, you will hear about such a program. Volunteer Family Connect (VFC) is a home visiting program for parents, delivered by trained volunteers.	Register here	Free
An interdisciplinary approach to perinatal anxiety and depression	Thursday 12 May at 7:15pm	The interdisciplinary panel of experts will outline the common biological, social and environmental risk factors associated with perinatal anxiety and depression, as well as the role of stigma.	Register here	Free
Recognising and Responding to Sexual Violence in Adults (Program) – Nurse & Doctor Intakes	Various dates in 2022	This three-unit program addresses a known gap in medical training on sexual violence. The curriculum has been developed by forensic clinicians and nurses from Monash University and the Victorian Institute of Forensic Medicine.	Register here	Free
Primary Health Networks 101– making communities happier and healthier	Wednesday 18 May at 1pm	Join an expert panel of PHN leaders to learn more about the valuable role Primary Health Networks play in supporting the health and wellbeing of our communities.	Register here	Free
All About Lung, from COPD to Lung Cancer (Dubbo)	Wednesday May 18 at 6:30pm		Register here	Free
NSW Rural Doctors Network Breakfast with Gary Thursday	Thursday 19 May at 8am	Practice management ‘guru’ Gary Smith is back for a May breakfast session, joining NSW Rural Doctors Network (RDN) for Breakfast with Gary: a question-and-answer webinar for rural practice managers in MMM 3-7 locations.	Register here	Free
NDSS Diabetes Education Session (Walgett)	Thursday 19 May at 1:30pm	For people living with type 1 and type 2 diabetes Your feet are made for walking - so let’s keep them healthy. This workshop will teach you all you need to know about checking and caring for your feet.	Register here	Free for NDSS registrants
Assessing functional capacity for psychological injuries Webinar	Thursday 19 May from 7.15pm	The expert panel will outline “good work” and its benefits, as well as cover assessing functional capacity for work and providing advice on modifications to support continued work participation.	Register here	Free for NDSS registrants

Name	Date	About	Link	Cost
Chronic Kidney Disease, Diabetes and Cardiovascular Disease Webinar	Thursday 19 May at 7.30pm	Join Kidney Health Australia and guest Nephrologist, Dr Veena Roberts, for this webinar as she explores the evidence in making the link between chronic kidney disease, diabetes, and cardiovascular disease, and the clinical importance of these three conditions.	Register here	Free
NDSS CarbSmart Diabetes Education Session (Lightning Ridge)	Friday 20 May at 9:30am	For people living with type 2 and gestational diabetes. Confused about carbs? This session will help clear up any myths and give you the facts about carbohydrates. Learn about the different types of carbs and the amount that is best for you.	Register here	Free for NDSS registrants
Improving data quality Webinar with the Australian Government Australian Digital Health Agency	Friday 20 May at 10am	This session will help you understand the importance of high-quality patient clinical records and provide practical examples of how to improve your practice's data quality through a Quality Improvement activity.	Register here	Free
NDSS MedSmart Diabetes Education Session (Lightning Ridge)	Friday 20 May at 2pm	For people living with type 2 diabetes only. In this workshop you will learn about the basics of diabetes and digestion, so that you can understand more about your medications.	Register here	Free for NDSS registrants
Examine The Orthopaedic Patient (Canberra)	Saturday May 21	Join Kidney Health Australia and guest Nephrologist, Dr Veena Roberts, for this webinar as she explores the evidence in making the link between chronic kidney disease, diabetes, and cardiovascular disease, and the clinical importance of these three conditions.	Register here	Free
Emergency Medicine for Rural GPs (RACGP - Bathurst)	Saturday May 21 at 7:30am	RACGP Rural is partnering with the NSW Government's Health Education and Training Institute (HETI) to bring their Mobile Simulation Centre (MSC) to Bathurst Hospital for a full day workshop, held in the state of the art, HETI mobile simulated clinical training facility and in the Bathurst Hospital.	Register here	RACGP members \$695 (inc GST), Non-members: \$995 (inc GST)
General Practice Conference & Exhibition (GPCE) Sydney	May 27-29	Now in its 28th year, the General Practice Conference & Exhibition (GPCE) is Australia's leading CPD event for primary care.	Register here	

Name	Date	About	Link	Cost
CKD Insights - Primary Care Health Professionals Focus Groups	Monday May 30 at 7pm	Kidney Health Australia is conducting research to better understand the experience and needs of Health professionals in diagnosing and caring for people with kidney disease.	Register here	Free
WNSW PHN: Mudgee GP Masterclass Meeting	Tuesday May 31 at 6:30pm	Presented by Dr Manoj Baruah, Consultant Psychiatrist, this session aims to provide GPs with a practical approach to assess and manage anxiety and depressive symptoms in the community.	Register here	Free

REMINDERS

➤ QI PIP

WNSW PHN looks forward to seeing Practices during the current PIP Quarter to continue working on your Quality Improvement. You can contact us anytime for QI support. For inspiration head to <https://help.pencs.com.au/display/CR> for Pen Cat recipes.

RESOURCES

Please click on this link to our website to view all the latest information relating to General Practice:

<https://www.wnswphn.org.au/support/GP-Resources-Newsletter>